



Photo by Rosemary Stephens
Carol Limpy spars with one of her boxing trainers, Travis Hoffman at Western Avenue Boxing Gym in Oklahoma City.

Living outside the box

By Rosemary Stephens, Editor-in-Chief

She steps into the boxing ring. Bright lights illuminate the ring, a million thoughts going through her head at once. Excitement. Nervousness. Then the bell rings. A calm overtakes the nervousness, and her body takes over.

Jab. Punch. Jab, Jab. Everything 48 year-old Carol Limpy has trained for comes automatically.

For this match, the Tough Man competition, Carol has waited a long time.

“I actually started training about a year ago in Tahlequah. I wanted to get back into shape and a friend of mine was a boxing

coach so I started working with him. That’s when I decided to try the tough man, usually held in Muskogee.”

And she waited. Finally, almost a year later, the promoter contacted her and said the tough man would be held in April in Hinton, Okla.

“It worked out pretty good because I had moved to this area and started training at the Western Avenue Boxing Gym in Oklahoma City,” Carol said. “It’s like a flash in that ring, it goes by so quick, trying to remember everything you learned. A lot of things going on

See **Outside the box** pg. 7

Tribal College closes

By Rosemary Stephens, Editor-in-Chief and Shaida Tabrizi

The Cheyenne and Arapaho Tribal College (CATC), housed on the campus of Southwestern Oklahoma State University (SWOSU) since 2006, is winding down operations and will close permanently after the Spring 2015 semester ends.

A reception was held to honor the efforts of all who worked for the Tribal College on Friday, April 24, 2015 in the conference room of SWOSU President Randy Beutler.

Despite the fact that they were attending a wake-like service for the college, the mood of the guests was far from somber. Thirty or so guest mingled in and out of the room, laughing and one-upping each other on stories from their time at SWOSU. Tribal College

President Dr. Henrietta Mann joked about her choice of black clothing being accidental.

It was an informal ceremony, without podiums or long speeches, but Beutler addressed his guests with a few words of appreciation for the service done by the staff of the Tribal College.

“As far as Southwestern is concerned, I want you to know that we’ll never forget the positive impact of the Cheyenne and Arapaho Tribal College,” Beutler said. “We want to say job well done. You’ll always be a part of this university and that’s something no one can take away.”

Staff members present at the reception were Mann, Vice President for Development and Planning, Alden



Photo by Shaida Tabrizi
Tribal College President Dr. Henrietta Mann addressed the reception guests with a mix of humor and heartache as she ended her time as president of the Cheyenne & Arapaho Tribal College on the campus of Southwestern Oklahoma State University.

Whiteman and Administration and Admission Officer, Gail Wilcox.

Mann remained cheerful through the event, cracking jokes and sharing memories

with other SWOSU professors present.

See **College closing** pg. 6

Harjo comes home

For decades, Suzan Shown Harjo has worked tirelessly for the advancement of Native American rights, traveling far and wide. But she never forgot her El Reno roots and the love she has for her Cheyenne and Arapaho people.

Harjo has lived a storied life, as a writer, lecturer and above all an advocate, developing policy advances to protect Native American culture, arts and lands. Last year, her efforts were rewarded by the entire nation when President Barack Obama awarded her the Presidential Medal of Freedom, the highest civilian award of the U.S.

To celebrate not only that honor, but also Harjo’s lifelong fight for her people, the Cheyenne & Arapaho tribes held a homecoming celebration on Friday, April 20, 2015 at the Concho Community Center complete with powwow dancing, a naming ceremony and presentations of gifts from multiple Native American tribes.

“We’re glad she came home this weekend so we could celebrate her accomplishments,” Cheyenne & Arapaho Governor Eddie Hamilton said. “We’re here to show our appreciation, to show our love and to let her know the many ways that she’s an inspiration to all of us, especially our native youth.”

Harjo arrived in Oklahoma earlier

By Shaida Tabrizi, Reporter/Ad Sales in the week in order to visit with family and friends, as well as a guest appearance at El Reno High School. She was more than ready to share her unique experiences on Capitol Hill with the student audience.

“Literally feeling the weight of a medal, there’s something about that,” Harjo said. “People take it very seriously. Whatever it means to other people, however important, if it helps me to protect one sacred place, or if it helps me to gain one acre of land, good. If we get rid of one mascot from a school, good. So if it’s a door opener, if it gives credibility, whatever oomph it gives, I’m grateful for that and I accept it ... and I’ll use it.”

Harjo made her way to the homecoming celebration after a meeting with C&A tribal executives, and many stops by tribal members at the complex who couldn’t resist the chance to speak with her. Once at the community center, she was given a seat of honor and a reception line started of young and old alike excited to meet her. Harjo remained gracious and humble throughout the festivities, often ducking her head and speaking happily yet quietly with all she met.

Though Harjo has returned to El Reno and Concho throughout the

years to visit family, this was the first official visit to the Cheyenne & Arapaho tribes.

“They invited me and they decided to do this honor dance and I’m blown away by that, it’s wonderful,” Harjo said. “There’s nothing like your own people and your own hometown. This is it. This is the pinnacle for me.”

Representatives from the Chickasaw and Choctaw tribes attended the event, bringing gifts of language books and Native American art. In addition, C&A language teacher, Joyce Twins, presented Harjo with Cheyenne and Arapaho language

books and CDs. Karen Yeahquo and Aurelia Blackbear spent hours designing and sewing an elk tooth dress and beaded moccasins for Harjo, which she changed into for her naming ceremony and the powwow grand entry.

Cheyenne Chief, Gordon Yellowman performed the naming ceremony with the help of Lt. Gov. Cornell Sankey.

“They say it’s always complete when there’s a veteran, a warrior to help you complete this ceremony,” Yellowman said.

The name chosen for Harjo was Vóóhéhévá’e,

See **Harjo** pg. 8

Cheyenne and Arapaho Tribal Tribune
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Department of Health internal audit sparks concern

By Rosemary Stephens Editor-in-Chief

The Cheyenne & Arapaho tribes’ conducted an internal audit for the Department of Health for year ending 2013. The findings have sparked concern by the current administration, therefore, Governor Eddie Hamilton’s next step may be to request an outside audit based on the findings.

“This audit was actually ordered under Janice Boswell for the financial operations of the Department of Health for year ending 2013. Our administration came into office and the first year we made several high-level staff and operational adjustments. Now into our second year, we are taking a closer look at all the financial operations of each department, starting with this internal audit conducted on the Department of Health and the executive director at that time,” Hamilton stated. “We have reviewed the findings and feel they need to be turned over to an outside entity for a full in-depth audit, which may result in the tribes having to pay back some funds. I’ve directed our current Dept. of Health Executive Director, Nicolas Barton to be aware of the findings and be fully involved in whatever happens from this point forward.”

The internal audit uncovered misuse of federal and gaming funds for personal trips, violations of personnel policies, misuse of fuel man gas cards, use of tribal vehicles for personal long distance

See **Audit** pg. 10

Cheyenne and Arapaho TV offers video boot camp

(CONCHO-OK)-The staff of the Cheyenne and Arapaho television station, CATV 47, will host a week long video boot camp to enrolled tribal students, 15 years and older, June 15-19, 2015.

Students will learn the basics of television production. They will shoot, light, interview and edit their own stories for airing on CATV 47. The students will also participate in a field trip to visit an Oklahoma City TV station.

Enrollment will be limited to nine enrolled members of the Cheyenne & Arapaho Tribes of Oklahoma. This camp will be limited to students age fifteen or older who can provide their own transportation to CATV 47 studios.

Interested students will submit a one to two paragraph essay describing televi-

sion's role in Native society.

All applications will need to include the following to be considered complete:

- 1) Application Form,
- 2) Medical and Media Release Form,
- 3) Student Essay

All completed applications will need to be turned into the CATV 47 office by Friday, June 5, 2015.

Participants are expected to conduct themselves in a professional manner throughout the camp.

Meals will be provided. Only transportation provided to the Oklahoma City field trip. All other transportation to and from video boot camp will be the student's responsibility.

For applications call (405) 422-7633 or (405) 422-7924.



CATV 47 VIDEO BOOT CAMP JUNE 15-19

Come learn the basics of television production this summer! Students will shoot, light, interview, and edit their own stories for airing on CATV 47. There's also a field trip to visit an Oklahoma City TV station. This class is limited to nine (9) students; an essay is required for consideration. Students must provide their own transportation to CATV 47 studios.

Mon June 15 thru Friday June 19 9:30 am - 5 pm

APPLICATIONS AND ESSAYS MUST BE RECEIVED BY JUNE 5

FOR APPLICATION INFO :

(405) 422-7633
(405) 422-7924

S.T.E.P. Program ends school year with a positive influence

The State Tribal Education Partnership (STEP) Program within the Department of Education is winding down another successful and final year being in the public schools, helping out American Indian students and school administration.

This year we have accomplished many things within our federal program. We began with hosting our parent meetings with each respected schools, which are Canton, Calumet, Darlington and El Reno. Key topics within the student handbooks pertaining to attendance, truancy, grades, and policy were discussed with parents. School administration was available for parents if they had any

questions.

Implementing our Peer-to-Peer tutoring in February 2015 was a huge accomplishment. In our agreements with the schools, the STEP program provides "Tutoring support for grades PK through 12th to increase promotions/graduations among AI/students, specifically reading assistance for 3rd grade promotions."

Peer to peer tutors were selected based on their recommendation from school officials, maintaining good grades, high school student, and by completing a program agreement. The students are able to work ten hours a week

Currently students work-

ing as peer-to-peer tutors include six students in El Reno and Darlington. Canton and Calumet have two students at each school. This increases efforts in utilizing positive role models for our younger American Indian children. We are reaching out to high school students who have shown exemplary behavior in the classroom. These students are monitored by a STEP employee or school official at all times.

Students assist by using their academic success for positive outreach, learn responsibility and sometimes get a sense of self-worth, as this job is motivating for them to do better in their academics as well.

Darlington schools requested the STEP Program to host clinics for their students in their afterschool Boys and Girls club. Tashina Taddoahnippah and Marshall Williamson (Reeder) presented on culture awareness. Brief descriptions on various dance styles, powwow etiquette, and brief educational histories of how dance styles were originated. Tashina and Marshall brought their regalia for hands on experience and allowed for participation in dance demonstrations.

Maria Thorpe and Ephraim Kelley instructed basketball clinics. Teachings included explanation of the court (baseline, block, "lane", out of bounds), ball



Submitted article

Submitted photo

S.T.E.P. Program Information Specialist, Tashina Taddoahnippah holds the attention of students at the Darlington School gym.

handling, correct way to shoot (BEEF technique), passing, and explained all the penalties of the game. Each day ended with games

of "Gotcha" and prizes for the winners. The STEP staff enjoyed the activities with the students and kids enjoyed themselves as well.

Indian education moves forward



Photos by Shaida Tabrizi

OCIE President Teresa Dorsett encourages all to increase their voice in state politics and become a force for change.

If students think they have no voice in government, think again.

The Oklahoma Council for Indian Education (OCIE) hosted Indian Education Legislative Day on April 22,

2015 at the Oklahoma State Capital, devoting an entire morning to building up the relationship between Native youth and state legislators. OCIE developed the idea for the legislative day with

the collaboration of Tribal Education Departments National Assembly (TEDNA) Executive Directors, Quinton Roman Nose and Jacob Zoti who were unable to attend due to responsibilities in Washington D.C.

Students from across the state were welcomed in out of a rainy Oklahoma day to the State Capital by senators, legislators and educators alike. The program was designed to celebrate Native American culture, as well as to educate everyone present how to increase the volume on their say in government bills and policies.

After a posting of the colors and a flag song by the Cheyenne and Arapaho Color Guard and a blessing by Cheyenne Chief Gordon Yellowman, OCIE President and acting C&A Dept. of Administration Director, Teresa Dorsett opened the program with remarks on the importance of education.

"I may be in tribal administration but my heart is with

education," Dorsett said. "We have a lot of different tribes interested in moving education forward. We are making an impact. I want to encourage you to continue the fight for Indian education."

A wide range of speakers took the podium, like Osage Chief Geoffrey Standing Bear, CEO of Advocates for Native Issues Casey R. Ross-Petherick, Oklahoma House Rep. Seneca Scott, Pawnee Nation College President Michael Burgess and Norman Public Schools Indian Education representative Lucyann Harjo.

OCIE also gave a special presentation of Pendleton blankets to Rep. Ann Coody, Rep. Lisa Billy and Sen. Ron Justice for their work and advocacy on Indian education issues.

Senator Anastasia Pittman stirred up the crowd with her animated style of speaking, getting the entire audience on their feet and cheering. Pittman also showed a mod-

ern, youth-friendly educational video to encourage student involvement in state government.

Students traveled to Oklahoma City from as far away as Stillwater, a 70 mile trip, and definitely enjoyed the humorous yet educational video. Cherokee 11th grader, Colt Lann, from Stillwater High School said the video was pretty cool and really did clarify things for him.

Stillwater 11th grader, Breja Black, also of the Cherokee tribe, enjoyed the event as well and hoped to meet with Pittman at the end of the session.

"I felt like it was really good how they represented what they want to get through," Black said.

One of the most significant topics was House Bill 1034 by Rep. Dan Kirby, of the Muscogee Creek Nation (R-Tulsa) and Sen. Kyle Loveless (R-OKC). This bill would allow Oklahoma's federally recognized Indian tribes to authorize and spon-

sor charter schools throughout the state of Oklahoma. At the time of the event, Oklahoma's Senate was voting on the Bill and horserace-like results kept making their way through the crowd.

"We had a little opposition in the House, but we got it passed and sent to the Senate who added 30 pages to my little four-line Bill," Kirby said. "There are a lot of at-risk schools in rural Oklahoma which may be in danger of closing. There are certain tribes that want to help those schools out. And they can do that through this Bill."

It was touch and go for the Bill which failed in its third reading in the senate on April 22. However, it was reconsidered in the afternoon and passed by ten votes.

"There's still a lot of work to be done. We're asking you all to jump on board. Whatever representation you are, it takes all of us to work together to make a difference," Dorsett said.

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Land buy back program for Tribal Nations

In 2014, Cheyenne and Arapaho tribal staff from the Planning & Development Office and the Executive Branch began to work with officials from the U.S. Department of Interior's (DOI) Cobell Land Buy Back Program for Tribal Nations (LBBP) to launch land acquisition planning for the Cheyenne & Arapaho tribes.

Individual Indian allotment lands located in the tribal jurisdiction have become highly fractionated among tribal members, stemming from the General Allotment Act of 1887. As a result, many of these tracts of land cannot be used for beneficial purposes due to a high number of owners. Some Cheyenne and Arapaho individual allotted lands have between 200 and 400 landowners.

The Buy-Back Program was created to implement the Indian Land Consolidation component of the Cobell Settlement, which provided a \$1.9 billion fund to purchase, for a 10 year period, fractional interests from willing sellers nationwide, at fair market value. Once land is purchased, it will remain in trust status; however, ownership will be transferred to the participating tribe.

This is an exciting time for our tribes to participate in this upcoming program, as it will provide the opportunity for the tribes to acquire more land, and to help alleviate high-

ly fractionated interests of individual allotted lands. The Cheyenne & Arapaho tribes are in the preliminary stages of participation in the Land Buy Back Program. The tribes have established GIS mapping of purchasable tracts of highly fractionated interests, and are in the process of developing community outreach materials, a dedicated Facebook page, a preliminary outreach meeting schedule, and land use planning activities. As the program nears the implementation stage (which is anticipated to be in 2018 or 2019), tribal staff will work closely with the DOI to initiate community outreach activities to reach all interested landowners who reside in Oklahoma and out-of-state.

The Cheyenne & Arapaho Land Buy Back planning staff will begin holding community outreach meetings to provide updated information on the program later this year. If you own a fractional interest in allotted land within the Cheyenne & Arapaho tribes jurisdictional area and have questions about the program please contact (405) 422-7403 between the hours of 8 a.m. to 5 p.m. CST Monday through Friday or contact the Trust Beneficiary Call Center at (888) 678-6836. Hours of operation are 7 a.m. to 6 p.m. Monday through Friday, and 8 a.m. to noon (Mountain Time) on Saturday.

Trial Court of the Cheyenne & Arapaho Tribes Healing to Wellness Court

Healing to Wellness Courts: Path to Recovery from Substance Abuse Addiction in Cheyenne and Arapaho Country

The journey is underway for the Healing to Wellness Courts (HWC) to make a positive and lasting impact in Cheyenne and Arapaho country.

On Oct. 1, 2014, the Cheyenne & Arapaho tribes were recipients of the Department of Justice Tribal Courts Assistance Program multi-year grant totaling \$616,668. The purpose of this grant program is to respond to and reduce the ever-increasing criminal recidivism rate for alcohol and illicit drug arrests, involving any Native American living within the tribes' jurisdiction.

The HWC program will offer alternatives to incarceration whereby program participants will address substance abuse treatment needs through therapeutic interventions that emphasize healing in cultural and traditional aspects. Of those include individual, and group treatments, family

therapy will also be available. Additional services provided to participants include case management, and support services. Referral sources will be provided by the judicial courts, Indian Child Welfare, and law enforcement.

Three staff positions were made possible for the HWC grant program which include Kimberly Larney, HWC Coordinator, who comes with a wealth of professional experience in areas of Youth and Family Services, Indian Child Welfare, Behavioral Health, Substance Abuse (OPT), and Mental Health, and has served Native Americans and mainstream populations throughout Oklahoma. She holds a Masters of Social Work degree from the University of Oklahoma.

Tony Walker is the newly appointed bailiff for the Cheyenne and Arapaho Tribal Judicial Courts. His previous experience

includes five years of law enforcement, and he also served in the U.S. Army. Walker holds two Associates degrees in Police Science from Oklahoma State University (OSU), and a Bachelors degree in Emergency Responder Administration from OSU. He is also currently pursuing a Masters in Business Administration.

Paul Fuentes is the Program Grant Administrator for HWC. He also serves as the probation officer, and supervises the SORNA Program. He received a Bachelors degree in Psychology, and a Masters degree in Community Counseling from Southwestern Oklahoma State University.

Our offices are located in the Cheyenne and Arapaho Judicial Court building. For more information or questions, contact Kimberly Larney, HWC Coordinator at (405) 422-7450 or email klarney@c-a-tribes.org.

C&A Election Commission announces candidate registration information for 2015 Primary and General Elections

(CONCHO, OK)-The Cheyenne & Arapaho Election Commission will commence election proceedings for the 2015 Primary and General Elections on May 1, 2015.

The following public offices are up for election in 2015:

District Legislative Seats:
Cheyenne District 1
Cheyenne District 2
Arapaho District 3
Arapaho District 4
Election Commission Seats
Cheyenne District 2
Cheyenne District 4
Arapaho District 1
Arapaho District 2

The primary elections will be held on Oct. 6, 2015. General elections will be held Nov. 3, 2015.

Beginning on May 1, 2015, nominations for public offices up for election shall open to qualified candidates and the Election Commission will begin accepting candidate registrations at 8 a.m.

Candidate registration packets are available and may be picked up at the Election Commission Offices located in the Education Building in Concho, Okla.

Nominations shall close on June 1, 2015. All interested candidates must submit their completed candidate registration packet, along with a \$50 filing fee, to the Election Commission Offices by 5 p.m. on June 1.

Verification of candidate eligibility shall be submitted along with completed candidate registration packets by the June 1st deadline.

Candidates for Legislative office must also submit a signed declaration of candidacy and a nomination petition signed by at least ten registered voters from the district in which they are running.

Detailed information and instructions concerning acceptable forms of verification and other requirements for filing will be included with all candidate registration packets at the time of pick up.

The minimum qualifications for District Legislative Candidates are as follows:

A candidate for District Legislator shall be an enrolled member of the Tribes, age 25 or older, and shall possess a high school degree or its equivalent,

No person convicted of a felony within the last ten years shall be eligible to serve as a District Legislator unless pardoned,

At time of filing a nomination petition, a candidate for District Legislator shall physically reside and be registered to vote in the district for which he or she seeks elective office; and

A candidate for the Office of District Legislator cannot owe any money or owe any debts to the Tribes.

The minimum qualifications for Election Commission Candidates are as follows:

A candidate for Election Commission Office shall possess at a minimum a high school degree or its equivalent;

No person convicted of a felony at any time prior to filing for candidacy shall be eligible to serve on the Election Commission.

The terms of office for both Legislative and Election Commission offices are four years. Officials elected this year will begin their terms on Jan. 1, 2016.

For more information, call the Election Commission offices toll free at (800) 247-4612, ext. 27619.

Important Dates to Remember 2015 Primary and General Elections

May 1, 2015 Candidate registration for elective office opens
June 1, 2015 Candidate registration for elective office closes
June 15, 2015 Announce preliminary list of qualified candidates and eligible voters
July 15, 2015 Last day to file any written challenges to the preliminary list of qualified candidates or eligible voters
Aug. 1, 2015 Election Commission will decide all written challenges by this date
Aug. 15, 2015 Announce the final list of candidates and eligible voters
Sept. 4, 2015 Last day to request an absentee ballot
Sept. 15, 2015 Absentee ballots mailed out
Oct. 6, 2015 PRIMARY ELECTION
Oct. 13, 2015 Absentee ballots mailed out
Nov. 3, 2015 GENERAL ELECTION

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Five questions for a fancy dancer

By Shaida Tabrizi, Reporter/Ad Sales

Tribal member JR Lonelodge spends his days fixing computers and providing technical support to employees of the Cheyenne & Arapaho tribes in Concho, Okla. But his real passion is dance.

With years of powwow dancing and a world championship for men’s fancy under his belt, Lonelodge decided it was time to give back to his community. Every week, he teaches a variety of Native American dance styles in free classes with the help of C&A’s Culture and Heritage Program for kids in Concho, Canton and Hammon. Here, this dance expert and enthusiast talks about his calling.

How long have you been dancing?

When I was two years old, still in diapers we went to a powwow in Scottsdale, Ariz. My grandparents thought my mom was watching me, and my grandparents thought my mom was watching me. So they all went up to the arena, and bumped into each other and realized I wasn’t with any of them. So they turned around and ran to the stand, I wasn’t there. So they ran back to the powwow where the men’s fancy was going on and they found me, I was actually in the arena out there in my diapers, jamming out with the men. That’s when my grandparents decided I was going to dance men’s fancy and started creating my outfits. So I’ve been dancing since I was two and I’m 36 now.

How long have you been teaching?



Powwow dance instructor JR Lonelodge with his spirited class. From l-r: Darren James Littlebird, 7, Ragan Charley, 3, Braden Charley, 5, Amber Littlebird, 8, Mikah Littlebird, 7, and Tommie Joe Littlebird, 6.

This is going on our second year here for the Cheyenne and Arapaho. When I first got into it I didn’t really know exactly what I was doing. I knew the different styles, but now I have a critiqued method of teaching them.

What age groups do you teach?

I’ve had everywhere from 2 to 18 up here. Since I’m the only instructor, I teach the women’s styles too. So, it’s kind of crazy but I’m out there with my shawl and I’m swinging it around. I don’t mind getting out there and teaching them with my shawl because it’s for the greater purpose. Actually, usually my best students are girls.

Why do you think dance is especially important for kids to learn?

There aren’t a lot of re-

sources for kids as far as Native American dance goes. Parents spend a lot of money getting ready for making regalia, as far as beadwork and moccasins. And then they dress their kids and do the ceremonies to get them involved in the powwows. But they don’t have the confidence. You push them out there and they’re in the middle of all these people that they’ve never met before. They tend to just freeze up and then reject dance. Dance classes here are a door opening. As an instructor, I build their confidence up.

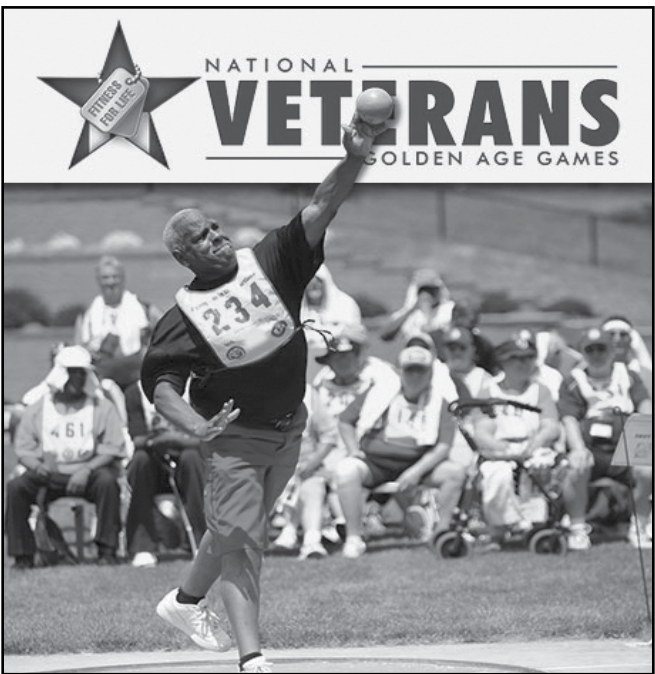
What has dance given to you?

If I had never danced I don’t think I would have traveled as far as I have. I know I have a little bit of time left in dancing, but dance has given me so much that now it’s



JR Lonelodge and 7 year old Darren James Littlebird take a little time out from dance class for some ‘horsing’ around.

my turn to give back, to the community, to our little ones. Hopefully dance will inspire them and take them as far as it has taken me. This isn’t a job for me; this is like a beckoning or a calling to me.



Applications being accepted for 2015 National Veterans Golden Age Games

Washington – The Department of Veterans Affairs (VA) is currently accepting applications from Veterans interested in competing in the 2015 National Veterans Golden Age Games. Applications can be completed online at www.veteransgoldenagegames.va.gov, and will be accepted through May 15. Veterans ages 55 and older who are enrolled for VA care are eligible to participate.

The 2015 National Veterans Golden Age Games takes place in Omaha, Nebraska, Aug. 8-12. Nearly 800 athletes are expected to compete in the national multi-event sports and recreational competition for senior Veterans. The event encourages participants to make physical activity a central part of their lives, and supports VA’s comprehensive recreation and rehabilitation therapy programs. Competitive events include air rifle, badminton,

bowling, cycling, dominoes, field, golf, horseshoes, nine ball, shuffleboard, swimming, table tennis and track.

VA research and clinical experience verify that physical activity is important to maintaining good health, speeding recovery and improving overall quality of life. The games also serve as a way for participants to continue in local senior events in their home communities.

VA Nebraska-Western Iowa Health Care System will host this year’s games. The health care system provides care for more than 55,000 Veterans from 101 counties in Nebraska, western Iowa and portions of Missouri and Kansas.

For more information visit www.veteransgoldenagegames.va.gov and follow VA Adaptive Sports on Twitter at @VAAdaptiveSport or on Facebook at www.facebook.com/vaadaptivesports.

Cobell Scholars Program, Deadline June 1, 2015

We are happy to announce the opening of the Cobell Scholars Program scholarship application. The American Indian Graduate Center will manage the Cobell Scholars Program, which was established as a result of the Cobell v. Salazar litigation. The Cobell Scholars Program is intended to provide financial assistance in the form of scholarships to American Indian and Alaska Native students to defray the cost of attendance at both post-secondary vocational schools and institutions of higher education, including graduate and professional schools.

ELIGIBILITY: Scholarships in various amounts are awarded to U.S. Federally-recognized American Indian and Alaska Native community members (students) who are vocational certificate-seeking or associate, bachelor, graduate and professional degree-seeking students in full-time, accredited, non-profit institutions in the United States; and who are able to demonstrate financial need through the submission

of the Free Application for Federal Student Aid (FAFSA).

A complete application will consist of:

A completed General Application (deadline June 1); and,

Completion of Cobell Scholars opportunity-specific questions (deadline June 1); and,

Tribal Eligibility Certificate (due July 15) which is also available at aigcs.org in the Scholarships section titled Online Application Instructions; and,

Financial Needs Form (due July 15) which is also available at aigcs.org in the Scholarships section titled Online Application Instructions.

All eligible students are highly encouraged to complete the Cobell Scholars application for funding consideration. Visit aigcs.org for information on other AIGC opportunities.

For more information and to order posters for advertising AIGC opportunities, visit aigcs.org, then select “AIGC Brochure/Poster”.

The deadline to submit an online application is June 1, 2015.

Car Seat Checks

Certified Child Passenger Technicians from the C & A CHR Program will be conducting Car Seat Checks in your community:

May 19, 2015 1:00 pm to 3:00 pm
Weatherford Indian Baptist Church

May 26, 2015 1:00 pm to 3:00 pm
Canton Tribal Community Hall

Appointments can be made by calling the CHR office at (405) 422 – 7670 directly.

Joyce Bulcoming – Hammon CHR has been working with the CHR Program for 8 years. She is a Certified Passenger Safety Technician through Safe Kids on a National level.

Juanita Trout – Clinton CHR has been working with the CHR Program for 7 years. She is a Certified Passenger Safety Technician through Safe Kids on a National level.

The CHR Staff will be on hand to assist in any way.

Note: Application to be completed along with CDIB, child must be present, and vehicle for demonstration purposes.



ATTENTION!

The Cheyenne Arapaho Tribes CHR Program staff will be attending EMR –“Emergency Medical Responder” training through the Cheyenne Arapaho Tribes EMS Program on the following dates:

Wednesday, May 6, 2015
Friday, May 8, 2015
Wednesday, May 13, 2015
Friday, May 15, 2015
Wednesday, May 20, 2015
Friday, May 22, 2015
Wednesday, May 27, 2015
Friday, May 29, 2015
Wednesday, June 3, 2015
Friday, June 5, 2015
Wednesday, June 10, 2015
Friday, June 12, 2015
Wednesday, June 17, 2015

Please make arrangements for transportation request or medicine delivery for elderly prior to these dates.

Thank you in advance for your cooperation.



DEPARTMENT OF EDUCATION
“MAXIMIZING OPPORTUNITIES”



“DEVELOPING AN INNOVATIVE GENERATION”

Technology Science Fair

WHO: 4th thru 8th Grade Tribal Students

WHAT: MAY 7, 4PM TO 9PM, SETUP
MAY 8, EXHIBITION/JUDGING
MAY 9, AWARDS CEREMONY/FAMILY LUNCH
SATURDAY—10AM TO 12PM WITH LUNCH

WHEN: MAY 7, 8, & 9

WHERE: CONCHO COMMUNITY BUILDING

Come All (students, parents, family and friends) and support our young Cheyenne and Arapaho students: Cheyenne and Arapaho Department of Education, Tribes to School Program APPLICATIONS AVAILABLE SOON!

For more details and information please contact: Deidra Tampkins - 405.422.7448 or dtampkins@c-a-tribes.org or James Bates, Jr - 405.422.7423 or jbates@c-a-tribes.org

El Reno Sportsman’s Club

Presents

The Mary K. Ashbrook Kids Fishing Derby

When: Saturday, May 16, 2015
Where: Lake El Reno
Registration: 7:00 a.m.

Hot Dogs
Ice Cold Drinks

Age Groups
Under 4 years
4-6 years
7-9 years
10-12 years
13-15 years

Special Awards at Weigh-In 4 - OKLAHOMA LIFETIME FISHING LICENSES AND OTHER ITEMS

Must be present to win

Heavy Stringer awards for 1st through 10th in the 4 older groups.

Bring this form to derby.
(El Reno Sportsman’s Club, Inc. is not responsible for accidents)

All Is FREE

• No Adult Fishing.
• Maximum 2 Poles per Child.
• Parent must accompany children 8 years and under.
• All fish must be caught at Lake El Reno during derby hours.
• Accident release form must be signed by parent/guardian.
• Fishing from bank only -No Boats.

Weight-In: 11:00 a.m.

Zebco Rod & Reels for the 1st \$50 to sign in.

CHEYENNE-ARAPAHO HEAD START GRADUATION 2015

-date change-

• ALL GRADUATIONS WILL NOW BE HELD ON MAY 21st, 2015:

• CLINTON (Community Center): 10:00 AM

• CANTON (Head Start Center): 2:00 PM

• CONCHO (Community Center): 6:00 PM

• MEALS WILL BE SERVED AT EACH LOCATION



Tribes urge restart of background checks in child placement

By Martha Bellisle, Associated Press

SEATTLE (AP)—Washington tribes and the country’s largest group representing Native Americans are asking for state and federal help in getting background checks when a tribe needs to place a child with a foster parent in an emergency situation.

The state’s Children’s Administration, a division of the Department of Social and Health Services, had conducted the criminal background checks for the tribes for years. But Jennifer Strus, the agency’s assistant secretary, sent a letter to the tribes in June saying that service would no longer be provided effective July 1, 2014.

Following a parent’s arrest, injury or unexpected death, background checks would be conducted before a social worker placed a child in a foster home, said Robert Calkins, spokesman for the Washington State Patrol.

Strus told staff in a letter acquired by The Associated Press that the State Patrol informed the Children’s Administration that it was not authorized to provide the information to the tribes and federal law prohibits the agency from providing the background checks.

“Therefore, Children’s Administration staff must not share the Record of Arrests and Prosecutions, RAP sheet, verbally or in writing (email) with any external en-

tity,” she said.

Tribal officials say the state’s actions compromise child safety.

Sen. John McCoy, a Democrat and a member of the Tulalip Tribes, said child placement is just one area in which the tribes are hampered by a lack of access to the National Instant Criminal Background Check System, administered by the FBI.

Another problem area was revealed after a high school student used his father’s gun to kill four friends and himself at Marysville-Pilchuck High School last year.

The father, Raymond Lee Fryberg Jr., was later arrested for illegally possessing a firearm. Fryberg was the subject of a domestic violence protection order issued by a tribal court, which should have caused him to fail a background check during a gun purchase. But the order was never entered into the criminal database, as it would have been if issued by a state court. He pleaded not guilty Thursday to the federal firearms charge.

The U.S. Department of Justice has announced it would host a meeting with tribes in August to try to fix that problem.

However, the emergency child placement problem is a reverse of that issue. Instead of not being able to enter orders into the database, tribes are not allowed to access

information to make sure a person who is taking a child in an emergency situation does not have a criminal history involving children or domestic violence.

McCoy said both problems need to be fixed.

“I’ve been in communication with folks to try to resolve this for years,” McCoy said.

John Dossett, general counsel for the National Congress of American Indians, agreed, saying the federal criminal database system is a cooperative between the FBI and the states.

“It’s a national network, but it’s been hard for individual tribes to participate,” he said.

Calkins said the State Patrol discovered that the department was providing background checks for tribes when his agency conducted a routine audit. Since Washington law says only the state social and health services department can run criminal background checks for emergency child placements, the Children’s Administration was told to stop giving data to tribes.

However, tribal police can do the checks, Calkins said.

“We’re disappointed someone would imply that we had cut off tribal access to criminal history information without making clear that this is a very narrow limitation related to emergency

child placement only,” Calkins said.

But Dossett said tribal police aren’t allowed access to the database for civil purposes, like the emergency child placement background checks. That information is critical when a child is transferred to foster care, he said.

The FBI allows states to define who has access to the data and in Washington’s case, state statute restricts access to the “department,” which is the Children’s Administration, he said.

The Tulalip Tribes of Washington passed a resolution in March asking state officials to add new language to the statute that would allow “an authorized agency of a federally recognized tribe” to request a federal criminal history record check.

The National Congress of American Indians went further in an October resolution.

It asked U.S. Attorney General Eric Holder to direct the Justice Department to work with the tribes to provide full access. It also asked the FBI to work with tribes “to encourage the state of Washington and other states to modify their statutes and regulations” to include direct access to the databases by the tribes.

Without access, the resolution said, serious consequences could result “to a tribe’s most vulnerable population, its children.”

C&A Head Start Program launches UCLA Health Improvement Training

Submitted article



Following the UCLA Health Improvement Training, participants attended a staff meeting and Easter party.

On March 27, 2015, The Cheyenne & Arapaho tribes Head Start staff participated in a one-day UCLA Health Improvement, Trainer of Trainers event at the Boots and Bowtie Event Center in El Reno, Okla.

The ultimate goal of the UCLA-Health Improvement, Trainer of Trainers event was to decrease the number and costs of emergency room visits by head start children, which ultimately would result in a decrease in health-related costs. The Cheyenne & Arapaho tribes, UCLA training team consisted of Colette Berg, Head Start director, Pam Sutton, health disabilities/nutrition manager, and Benita Bear, family community partnerships services. A total of 29 head start staff participated in event in El Reno.

Each head start training participant received a beautiful tote bag donated by the Cheyenne & Arapaho Tribal Health Education Program. The Cheyenne & Arapaho Tribes Head Start Program donated health-related items for the tote bags. The items included a copy of the book, *What to Do If Your Child Gets Sick*, child thermometers, baby wipes, children/adult hot/cold packs, band-aids, hand sanitizer, and Kleenex. Door prizes for training participants consisted of pill organizers, cough drops, ibuprofen, bandages, Epsom salt, wet wipes, diaper rash cream, sunscreen, and wet wipes, and healthy snacks.

The UCLA- Health Improvement Training is, also geared towards decreasing employee absences by having to miss work due to having sick children. Plus, these proactive steps decrease the total number of days children are absent from school. Results from the UCLA-Health Improvement training evaluations

indicated that the head start staff found the training beneficial and stated that they would use the training book information at home.

On April 8-14 2015, the head start staff put into action the training received during the UCLA Health Improvement Training for the Concho, Clinton and Canton head start parents. Approximately 32 parents and their children attended the UCLA-Health Improvement Training events.

Certified trainers, Berg, Sutton and Bear, conducted the health improvement trainings. Niki Baker and Lydia Garvey, public health nurses, from the Watonga/El Reno/Clinton Indian Health Clinics, gave a brief presentation to the parents on how to properly administer medicines to their children. They also gave tips to parents on a variety of ways of taking their child’s temperature. Another guest speaker, Caitlin Baker, from the American Red Cross discussed tornado preparedness and how to use the Tornado Safety Kits that were given out to each of the head start families.

The UCLA Health Improvement Training for parents focused primarily on the book, *What to Do If Your Child Gets Sick*. The primary goal of this training was to educate parents on what do when their child is sick or not feeling well. Empowering the head start parents with the training and knowledge contained within this book in their homes should significantly reduce their number of visits to emergency rooms and increase their confidence to be able to treat their child at home.

The overall results from the training evaluations from all head start parents indicated that the training would be very beneficial to them and their children.

ATTENTION TO ALL Tribal Members-Employees-Local Community

A Storm Shelter is available to all tribal employees/members and the local community in the event of severe weather conditions

The designated shelter is located off of Black Kettle Dr. and East on Little Raven. (Across from the Head Start building)

The shelter is currently not handicap accessible, for this purpose designated volunteers will be needed to assist the handicapped and elderly. If you wish to volunteer please contact Emergency Management Program Director, Alvin Pollock at (405) 422-7547.

BRIEFS AT A GLANCE					
Midwest Regional Native American Leadership Forum May 7-8, 2015 at the Skirvin Hotel in Oklahoma City. For more information or to register visit www.nativenationevents.org .	The Sixth annual Native American Healthcare Conference May 17-19, 2015 at the Harrah’s Resort in Valley Center, Calif. For more information or to register visit www.nativenationevents.org .	Introduction to Indian Housing Management May 26-27, 2015 at the Platinum Hotel in Las Vegas, Nev. For more information or to register visit www.falmouthinstitute.com .	in the Tribal Workplace June 10-11, 2015 at the Juneau Vocational Training and Resource Center in Juneau, Alaska. For more information visit www.falmouthinstitute.com .	Education & Energy Projects Conference June 15-16, 2015 at the Disney’s Grand Floridian Resort & Spa in Lake Buena Vista, Fla. For more information or to register visit www.nativenationevents.org .	The 2015 National Native Media Conference July 9-12, 2015 at the Hyatt Regency Crystal City in Arlington, VA. For more information or to register visit www.naja.com .
Building the Foundation for Professional Success May 12-13, 2015 at the National Indian Programs Training Center in Albuquerque, N.M. For more information or to register visit www.falmouthinstitute.com .	Robert’s Rules of Order for the Tribal Recording Secretary May 19-21, 2015 at the Platinum Hotel in Las Vegas, Nev. For more information or to register visit www.falmouthinstitute.com .	Indian Country’s Employment Law Updates May 28-29, 2015 at the Country Inn & Suites in Phoenix, Ariz. For more information or to register visit www.falmouthinstitute.com .	Indian Taxation June 11-12, 2015 at the Platinum Hotel in Las Vegas, Nev. For more information or to register visit www.falmouthinstitute.com .	The second annual National Native American Leadership Forum July 9-10, 2015 at the Hilton Waikiki Beach in Waikiki, Hawaii. For more information or to register visit www.nativenationevents.org .	The 2015 National UNITY Conference July 10-15, 2015 at the Renaissance Hotel in Washington, D.C. For more information or to register visit www.unityinc.org .
		Supervision and Management Skills-Leadership	The Ninth annual Native American Economic Development, Diversifi-		

College closing

continued from pg. 1

“This reception is very fitting,” Mann said. “Bittersweet yes. But it shows how much the Tribal College was appreciated. I can’t quite call this a celebration, but it is an honoring.”

Mann is ending her second stint at SWOSU, first as an undergraduate in 1954 and lastly as a Tribal College president for seven years.

“SWOSU is a good school because it honors the people who are original to the land,” Mann said.

Many asked staff members for their plans after the closing. Mann has two retirements under her belt and said perhaps this one would stick, while her son Whiteman said he was unsure.

“I have no clue what I’m going to do next, but I’m not afraid,” Whiteman said. “We were very rich in what we accomplished here. We made a difference in people’s lives.”

CATC Board of Regents Chairwoman, Pauline Harjo, recently stated, in a press release, the CATC Board of Regent members voted on March 27, 2015 to close the college due to a lack of funding from the tribes.

Cheyenne and Arapaho Governor Eddie Hamilton responded to the subject of funding in his own press release, which stated, in part, “*To date, the Cheyenne & Arapaho tribes have invested \$3,477,414.25 in CATC since its inception in 2008. Since that time, 21 Cheyenne & Arapaho tribal members have graduated, in essence, we spent \$165,592.15 per student to obtain a two year degree.*”

The release went on to break down enrolled tribal members’ graduation numbers showing six graduates in 2008, four graduates in 2009, five graduates in 2010, three graduates in 2011, one graduate in 2012, zero for 2013 and two for 2014. No information was provided for the number of graduates for 2015, if any.

However, the break down did not include the 34 additional graduates who represented other tribes or ethnic groups.

Regardless of the numbers, it would seem there were never any clear cut directives set forth in writing relating to the direct yearly funding for the college.

Funding for the tribal college has come from gaming revenue and the C-A Tax Commission totaling over \$3 million dollars since 2008.

In 2003, former Executive Director of Education, Quinton Roman Nose met with American Indian Higher Education Consortium (AIHEC), Dr. Richard Little Bear, President of Chief Dull Knife College and Mr. Martin, of the BIA Washington, D.C. office, and as a result of the meetings it was determined that the process to establish a tribal college, at a minimum, would be two years with a budget of \$600,000 needed for development of the tribal college.

The first resolution approving the development of a tribal college was Resolution #100403ATC003 passed at the annual Tribal Council on Oct. 4,



2003 at the Elk City Junior High School in Elk City, Okla., stated, in part, “*Now therefore be it resolved that the Tribal Council of the Cheyenne-Arapaho Tribes of Oklahoma hereby authorize and endorse the development and establishment of a Cheyenne and Arapaho College.*”

Two years later at the annual Tribal Council meeting held Oct. 1, 2015 at Etta Dale High School gym in El Reno, Okla., Resolution #100105ATC056 passed addressing the funding of the college. The resolution read, in part, “*Now therefore be it resolved that the Tribal Council of the Cheyenne-Arapaho Tribes of Oklahoma hereby approves the By-Laws establishing a tribal college for the Cheyenne-Arapaho Tribes of Oklahoma; and*

Be it further resolved that the Tribal Council hereby authorizes the Tribal College Board members as designated by the Business Committee resolution appointing members to the Education Authority (designated body to establish a tribal college) to initiate the process

to seek funding from the American Indian Higher Education Consortium and other sources of funding; and

Be it finally resolved that the Tribal Council of the Cheyenne-Arapaho Tribes authorizes the Tribal College Board to establish a non-profit organization.”

Unfortunately, due to the guidelines set down by the AIHEC, the tribal college never qualified for membership nor funding under the AIHEC.

Documentation regarding the establishment of the tribal college as a non-profit organization was not found, nor any other documentation reflecting directives for funding from gaming revenues or from Tax Commission.

As in most colleges, tuition is paid for by students to attend their college of choice. In the case of tuition to attend CATC, Brian Adler, SWOSU vice-president of public relations and marketing addressed this question in an email.

“Students who enroll at SWOSU pay their tuition and fees to SWOSU. Per the Memorandum of Understanding (MOU), CATC students have dual admission status. All students including tribal students must first be accepted as SWOSU students. Any student may enroll in a CATC course,” Adler wrote. “Most, if not all tribal members enrolled at SWOSU receive Federal Student Financial Aid and/or tribal higher education grants, which is meant to cover student related costs, including tuition fees, books, housing and meals.”

Adler went on to write that CATC offered an initiative for enrollment for the past two years to one C&A enrolled male and one female high school student in the form of a book scholarship award to attend SWOSU/CATC, which included Riverside Indian High School.

Gov. Hamilton, a 2010 graduate of SWOSU/CATC said he felt a sense of sadness over the closing of CATC. He stated that he, and his administration are working tirelessly to offer direct educational services to tribal students that will most benefit the students.

For Mann, the journey has been a good one, “The journey has been good, the experience wonderful. I have faced many challenges, and my responsibility for the children and youth always came first. My work here has come as far as it can.”

Letter from the CATC Chairwoman

As Chairwoman of the Board of Regents for the Cheyenne and Arapaho Tribal College (CATC), I announce the closing of the tribal college located on the campus of Southwestern Oklahoma State University (SWOSU) effective the end of the 2015 spring semester. The decision to dissolve was made by a vote of the members of the CATC Board of Regents, its governing body, at a meeting on March 27, 2015. This action was prompted by a lack of continued funding from the Cheyenne and Arapaho Tribes. The tribal college has existed in partnership with SWOSU since its opening ceremonies held August 25, 2006.

Prior to that in 2002 the tribes founded an Education Authority Board to represent the Cheyenne and Arapaho Tribes in all educational matters, including the establishment of schools, colleges, and education centers. Preliminary work by the Board resulted in a Cheyenne and Arapaho tribal council vote on October 4, 2003, directing its tribal government to establish a tribal college.

Implementation of the people’s directive led to a co-operative agreement in 2006 between SWOSU and the Cheyenne and Arapaho Tribal College Board, whereby CATC officially came into existence. The tribal college has since grown incrementally and its curriculum consists of forty-six courses and four Associate in Science degree options in Tribal Administration, Children’s Teachers, American Indian Studies, and General Studies. It has graduated 55 students, and its student body has represented 22 tribal nations.

With the exception of those courses taught by the three full-time CATC staff each semester, the remainder were taught by adjunct faculty. The tribal college

has offered a range of 6-12 courses per semester, and it has served approximately 950 students on a semester basis. CATC was founded “to provide a quality cultural-based and academically rigorous general education for tribal and non-tribal citizens.” Four basic cultural values have guided its development, which are respect, cultural integrity, competence, and hope.

The three-person staff worked on two distinct tracks. One was working toward accreditation by the Higher Learning Commission and toward membership in the American Indian Higher Education Consortium (AIHEC). The other was operating essentially as a college within a college in accordance with SWOSU policies and a Memorandum of Understanding between the two partner institutions. SWOSU provided umbrella accreditation and academic endorsement by the Oklahoma State Regents for Higher Education for all CATC courses and its four degree options.

I wish to take this opportunity to thank Dr. Henrietta Mann, Mr. Alden Whiteman, and Ms. Gail Wilcox for their dedication and commitment to the higher education of American Indian tribal youth, primarily those from the Cheyenne and Arapaho Tribes. I also wish to express confidence in our students to positively continue their education as our future leaders and future guardians of our languages and cultures. Finally, I would like for SWOSU administrators, faculty, and staff to know that I have always felt a deep sense of gratitude for how they cooperated with us in our mutual vision of tribal higher education.

Pauline Harjo, Chair
Board of Regents
Cheyenne and Arapaho
Tribal College

★★★★ Substance Abuse Program & Methamphetamine Suicide Prevention Initiative ★★★★★

Mental Health Conference

★★★★ Thank you to All Programs who attended the 1st Mental Health Conference! ★★★★★

On April 15, 2015 the Substance Abuse Program hosted the first Mental Health Conference-Methamphetamine/Suicide Prevention Initiative at the Frisco Center in Clinton, Okla. The Cheyenne & Arapaho tribes are focusing on fighting the meth epidemic with their campaign, ‘Meth No More-Not on our Land’.

★★★★ Substance Abuse Program & Methamphetamine Suicide Prevention Initiative ★★★★★

Mental Health Conference

TRIBAL TIDBITS

Pictured left: Michelle Johnston from the Department of Education’s Language Program and below, Culture and Heritage Director Max Bear, give to the Oklahoma Blood Institute.

On Monday, April 27, 2015, the Oklahoma Blood Institute rounded up tough volunteers to donate blood in the large conference room in Concho, Okla., as part of a triennial partnership with the C&A Tribes. Tribal members from all over the complex braved the rain to offer their help. Donators received snacks to build themselves back up and a pat on the back in the form of a T-shirt that proclaimed them as heroes.

Sponsor A Childs Dream

L a r y n z Patrick Spottedwolf, 8 years old, has only been wrestling for three years but has already made it to the national level of competition. He is a second grader who won gold at the winter 2015 Sooner State games held recently in Oklahoma, taking first place in heavyweight-division 1. The win earned Spottedwolf a berth in the National State Games of America to be held July 28-August 2 in Lincoln and Omaha, Neb.

The State Games is an Olympic style event featuring competition between State Games medal winners from around the country. It is expected to draw 18,000 participants this year from the 31 states. The Sooner State Games is just one of many for Spottedwolf.

Since he began his wrestling career, at the age of 5, he has been representing Pee Wee wrestling in Clinton,Okla. He was Southwest Division 1-heavyweight champion for the Oklahoma Kids Wrestling Association. He took second place in the United States Junior Open in Division 1-heavyweight. He finished fourth in the state OK Wrestling Association tournament and he won first in several other wrestling tournaments this season.

Spottedwolf is a member of the Cheyenne & Arapaho tribes of Oklahoma. He enjoys wrestling, football, soccer and baseball. In addition, he is a champion Grass dancer in his Native American culture.

We are seeking assistance with expenses for travel and accommodations for Spottedwolf and his family to participate in this event where he will represent his hometown, other youth and his Tribal Nation. Thank you in advance for your support.

Send donations to:
Larynz to Nationals
C/o Charlene Wassana
P.O box 154
Clinton, OK 73601

Native Voices in Recovery

Easter weekend, Native Voices in Recovery sponsored an Easter egg hunt and an old style Jingle dress competition for the 17th annual Spottedbird powwow in Clinton, Okla.

The old style jingle dress competition was in honor of Leah Gail Johnson, who was found in a vehicle submerged in Foss Lake.

Leah had helped bring the old style jingle dress to the area. She went missing 1970.

Winners of the old style Jingle dress dance competition were third place, Sarah Orange, second place, Jessica Hulbutta Hoffman and first place, Starrla Sage.

Outside the box

continued from pg. 1



Carol Limpy's trainers, Travis and Rebecca Hoffman have both been professional boxers in the ring.

at the same time.”

Boxing trainers Rebecca and Travis Hoffman, owners of Western Avenue Boxing Gym, see a lot of potential in Carol.

“We have been training Carol for about six months now. She first came to us and said she wanted to partake in the Tough Man competition so we started training and preparing for it. It was her first time taking a fight and she did really good,” Rebecca said in her European accent. “She kind of got a bad draw, fighting the champion, but Carol was tough and she hung in there.”

Rebecca, a one time professional boxer herself, said she knows how scary and nerve racking it is to step into the ring for the first time.

“Really it’s leading up to

the fight that is scary and nerve racking, once you are inside the ropes your body already knows what to do. This is what you train for and once the bell rings, you forget everything else and are living in the moment,” she said.

And boxing isn’t the only adventure Carol has embraced with passion.

“The first adventurous thing I did was bull riding back in 1998. It was kind of funny, I was with some friends who were bucking out some bulls, there was one left and they dared me to get on it ... so you know I did,” Carol laughed her contagious laugh.

She said she rode bulls for a little over a year, riding a couple of times in the Pro Women’s Rodeo Association (PWRA), and knows she bucked out at least 15-20 times.

But the buck didn’t stop there, so to speak. Carol’s next adventure was Factory Stock dirt track racing in West Siloam Springs, Okla., and Fayetteville, Ark.

“I started racing because I thought it was a little safer than bull riding,” she laughed heartily.

But racing is something she said she would like to do again someday, and wished she could have raced longer than the two years.

“It takes a lot of money to race, you got to have three or four engines ready, a couple of cars and sponsors, but I really enjoyed racing and someday maybe I can do it again.”

And just when one thinks that’s it for Carol ... there comes football.

Yes, a full contact, full pad all women’s football team called the Tulsa Tornadoes.

“We had four teams in our league, the Tulsa Tornadoes, Oklahoma City, Memphis and Austin. We were fully dressed out in pads; helmets and we had some tough players. I played center, but we didn’t have a lot of people on our team, so we ended up playing just about everything,” Carol said. “One of the players I played with was OU linebacker Rocky Calmus’s sister Mandy. She was the quarterback, pretty tough. I remember one time she broke her foot during a game and played through it.”

Carol’s athleticism began as far back as Carol could remember, playing on the boy’s baseball team during high school where she said she got to pitch a couple of the games.

“A lot of people call me crazy, I like to say I am adventurous,” she laughed.

But Carol has more depth to her than just athleticism. She is a veteran from the U.S. Army, being Honorably Discharged in 1994 and holds a Bachelors degree, majoring in Psychology, from Northeastern University.

“I have recently been accepted to Southeastern’s Tribal Leadership Master’s program and I am really looking forward to pursuing my education,” Carol said. “My main goal is and has been to learn and bring back everything I learn to the tribes. We have a lot of youth and I think if I can learn enough to help someone along to get into like boxing or car racing, that’s some-

thing important, you know.”

She said sports is what has kept her out of trouble along the way and hopes to inspire youth to get interested in doing something besides drinking and drugging, even if it’s outside the box.

“If there is some little girl out there that sees me doing something, like racing, and they want to race a car, then go for it ... do it ... go get you a go-cart and if you want to know how to get started come ask me, or if you want to know how to get into boxing ... come ask me.”

For now Carol is setting her sights on a professional fight and from the way her trainers describe her, she won’t have long wait.

“Carol has a strong heart, she’s tough. She likes to box, she’s very brave and she has that attitude and spirit you need to box. We always say you can train anybody how to fight but you can’t train someone to have a heart of a fighter, you can’t train someone to have what we call, the fire. Either you have it or you don’t have it and Carol has it, she has that spirit, that fight.”

Carol Limpy is a higher education counselor for the Cheyenne and Arapaho Education Department. Her hometown is Fonda, Okla.

Carol has one daughter, Alma Limpy-Holmes. She is the daughter of Alma Spottedwolf and the late Billy Limpy and granddaughter of Sophie Redhat-Limpy.

Carol said she had four heroes in her life, Ronda Rousey, Suzan Harjo, her mother Alma, and her grandmother Sophie because of “her good heart and compassionate ways.”

Local track star picked for Colorado

Eat your heart out ESPN drafts.

El Reno High School senior and tribal member Cara Roman Nose garnered a large and special crowd for her signing commitment ceremony to the Western State Colorado University (WSCU) on Tuesday, April 21, 2015.

Coaches, family and friends happily crowded into the high school’s athletic department room and around the table where Roman Nose sat in the middle looking like the star athlete that she is. Flanked by her parents, Karin and Melvin, Roman Nose signed the commitment with a flourish amid the flash of at least 20 cameras.

“It’s indicative of who she is,” Cross Country Coach Sid Hudson said

about the crowd gathered for Roman Nose. “So many people love her to death and care about her. I think it is a dream come true for her. Her hard work paid off and I’m super proud of her. She’s one of the hardest working young people I’ve ever met.”

Roman Nose is an all-around athlete, playing volleyball, soccer and basketball, but she excels at track. It was her track record which brought her to the attention of WSCU. She’s been training and attending high altitude running camps to prepare for her new surroundings.

“I’m really excited to get my training to a different level and to travel,” Roman Nose said. “Signing the agreement felt really good, pretty awesome.”

Roman Nose hasn’t decided yet on a major, but is leaning toward physical therapy and hoping to use her education to help others.

Though she is the only

living daughter of the Roman Nose family, her parents are pleased with her choice to move.

“I’m all for everyone just getting the heck out of dodge,” her mother said.



Cara Roman Nose surrounded herself with her supporting parents , Karin and Melvin Roman Nose, and proud coaches as she took the first official step to the next phase in her life, college.

1st Annual A2/C2 High School Graduation Banquet

Honoring 2015 High School Graduates from the Kingfisher, Geary, Calumet & El Reno Areas

WHEN: Wednesday ~ May 20, 2015
WHERE: Abuelo's Restaurant
Bricktown
TIME: 6:30 p.m.

Agenda:

- Welcome: Governor Eddie Hamilton
- Lt. Governor Cornell Sankey
- Arapaho District 2 Legislator, Christine Morton
- Cheyenne District 2 Legislator, Alan Fletcher
- Prayer for Meal: Carmen Sankey, Cheyenne Tribal Princess
- Guest Speaker(s): Carrie Whitlow, Arapaho Tribal Member
- Edgar Heap Of Birds, Cheyenne Tribal Member
- Honor Song(s): Redstone Drum Group
- Presentation of Gifts to Graduates: C2 & A2 Legislator(s)

Graduates may bring 2 guest(s)

RSVP to:
Arapaho District 2 Office at 405.422.7440 or
Cheyenne District 2 Office at 405.422.7480

1st Annual Cheyenne Arapaho Sports Banquet

Sponsored by R.E.Sp.E.C.T. Program

The R.E.Sp.E.C.T. Program would like to invite all Tribal Members who were a member of their Varsity team this year. All Participants must be in the 9th-12th Grade

When: Thursday, May 28th
Where: Frisco Center, Clinton, OK
Time: 6:30 pm
Each varsity athlete will be recognized for their accomplishments for the 2014-2015 school year.

For more information or to register your varsity athlete, please call the RESPECT Office at 405-422-7570 or email Reggie Island at risland@c-a-tribes.org

Mother's Day Bingo & Luncheon

May 9 - 11:30 a.m.

Inviting Cheyenne & Arapaho Tribal Mothers from all communities to Attend

Two Locations:
Clinton R.E.Sp.E.C.T. Gym
or
Darlington School Gym

Sponsored by the R.E.Sp.E.C.T Program
(800) 247-4612, ext. 27572, 27585 or 32601

"No Children Please"



Cara Roman Nose let out a satisfied sigh as she signed her college commitment to Western State Colorado University ready to move on to the next stage of her sports career.

Young Native artists show off skills

By Shaida Tabrizi, Reporter/Ad Sales

The inner workings of a child’s mind can be a mysterious thing. Fortunately, the Oklahoma City Public Schools’ (OKCPS) 40th annual Native American Student Art Show enables kids and parents to find a sort of translator, through the medium of art.

The art show was held April 9-10 at Penn Square Mall in Oklahoma City. Submissions from pre-K through the 12th grade were gathered, displayed and judged with a special ceremony on April 10 to congratulate the ‘Best in Show’ winners. Families, teachers and friends came out to show support for the young artists, cheering loudly and drawing an even bigger crowd from surrounding shoppers.

Students submitted a range of work, from conventional genres like painting and drawing to three-dimensional pieces like sculpture, feathered fans, and beaded pieces. The art show is held in the spring to give kids the entire fall semester to work on their entries.

“The biggest thing is just utilizing art and culture kind of as a reward to do well in school. They might work on some of their homework or classwork and then maybe the last 10 to 15 minutes they can start working on their artwork,” Dr. Star Yellowfish, director of Native

American Student Services for OKCPS said.

In addition to serving as a source of motivation to do well in school, Yellowfish said that fine arts can become an outlet for our Native youth.

“It’s a major part of our culture historically and even in contemporary society. I think it allows students to go beyond their mind, what they’re thinking,” Yellowfish said. “Maybe it’s a way to express themselves and for them to communicate. Like if they’re having a hard time at home or a hard time at school, maybe drawing or painting can be not only an outlet, but also a way to communicate exactly what’s going on.”

Hosts of the art show awarded ‘Best in Show’ winners with ribbons, certificates and trophies with one winner each from the elementary school, middle school and high school categories.

Third grader Emmalily “Kiki” Shawnee, Choctaw and Creek, from Quail Creek Elementary School won ‘Best in Show’ for a pair of beaded baby moccasins, which were impressive enough to garner a personal request for a pair from spectator Yafke Marks, who also works with OKCPS. Though it was Shawnee’s first time to sew a pair of moccasins, she said she would love to make



Photo by Shaida Tabrizi
Best in Show winners (from l-r) Kiki Shawnee, Isabella Cornell and Anais Freeman proudly show off their trophies.

more for Marks.

“I really liked making the first ones, I enjoy doing this,” Shawnee said. “I might do a painting for the art show next year.”

Other winners for ‘Best in Show’ were Choctaw 8th grader Isabella Cornell from Independence Charter School for her feather-work fan and 9th grader Anais Freeman, Chickasaw and Choctaw, from Dove Science Academy for his horse sculpture.

The parents of Shawnee,

Bill and Tee, gave a speech encouraging as many students as possible to submit art for next year’s show and announced that they would be donating trophies and starting a new awards category for the school with the most submissions.

The Native American Student Art Show is open to any student in the OKCPS district. For information on entering for the 2016 show, contact the Native American Student Services office at (405) 587-0355.

Harjo

continued from pg. 1



Photos by Shaida Tabrizi
Cheyenne & Arapaho tribes’ Gov. Eddie Hamilton and Lt. Gov. Cornell Sankey welcome home Suzan Shown Harjo during a homecoming celebration April 20, 2015.

which means “Morning Star Woman,” a homage to the Native American rights organization of which Harjo is president.

Sankey spoke of his experiences as a warrior and the things that made him want to come home in the dark days when he felt all alone.

“When I prayed, God filled my heart with the memory of all the people at home praying for me,” Sankey said. “Just want her to know that we’re home, and we’re praying for her too.”

A lively powwow dance followed the naming ceremony, with a flag corps of veterans and many C&A dancers. Though she required the aide of a walker, Harjo stood for the entire grand entry and flag song. She thanked the dancers and those assembled, “I’m more than honored to be here. I am overwhelmed. There’s nothing like being received by your friends and relatives and people who are your people. Thank you for sending prayers my way and for enabling me to be able to do all the things I’ve been able to do over the many years. I thank you all, I love you all.”

Breast Cancer Awareness Banquet

By Deborah Ellis

A health fair and banquet in support of Breast Cancer Awareness will be held Saturday, May 2 2015 at the Clinton Community Center in Clinton, Okla. The C&A Health Education Program is working with several organizations such as the Central and Western Susan G. Komen Foundation, Clinton Service Unit Public Health Nursing, Tribal Health Programs, and Area County Health Departments to host this special event.

Last year, the Health Education Program made contact with several breast cancer survivors at the powwow and health fair in Canton, Okla. The idea for a health fair and banquet came from making an effort to continue to give support to these survivors. Last year, Elizabeth Hart of the Central and Western Susan G. Komen Foundation said that a mother daughter activity was a good outreach to do in the month of May. We continued to plan for such an activity for May; however, the activity turned into a banquet for all. Both breast cancer prevention and cancer survivor tips will be discussed at the banquet. Breast

cancer survivors will be given a chance to share their stories, possibly giving encouragement to other survivors.

The Clinton Service Unit will offer mammograms in the radiology department at the Clinton IHS Clinic. This type of mammogram is a health screening mammogram, which is used to detect breast cancer. If a person has already been diagnosed with breast cancer, they will need to a diagnostic mammogram. In order to be eligible for a mammogram, a person cannot be diagnosed with breast cancer in the last five years, have an established chart with Clinton IHS clinic, and must sign up in advance.

The health fair will begin at 9 a.m. There will be informational booths and viewing area where breast cancer videos will be shown. A continental breakfast will be served and available until 1 p.m.

A paint party for adults only will be held where one can create their own painting to take home. T-shirts and door prizes will also be given away.

Clinton Indian Health center sponsors fourth annual community baby event

The Clinton Indian Health Center (CIHC) is set to host their fourth annual community baby event, ‘A Healthy Baby Begins with You’ on Tuesday, May 12 from 4:30 p.m. to 7:30 p.m. at the Cheyenne and Arapaho tribes’ Clinton Community Center, 2015 Dog Patch Road, in Clinton, Okla. The annual event is a partnership with the Oklahoma State Department of Health (OSDH) - Office of Minority Health (OMH), with community and tribal organizations. Native American women, families, and community members are all invited to attend.

Medical experts and health vendors will provide educational opportunities, and answer family health questions to keep mom and babies healthy before, during, and after pregnancy. The program will feature infant CPR, car seat safety, breastfeeding, and Native American culture and traditions. The C&A Substance Abuse Program will provide a special presentation on the tribe’s fight against methamphetamine, ‘Not on Our Land’.

To accompany the presentation on car seat safety, a car seat check and installation will be conducted by Safe Kids Oklahoma in the parking lot during the event. A limited number of car seats will be available for distribution on a first-come, first-serve basis. To qualify for a car seat, you must be the legal guardian of the child, or within six weeks of your due date.

The community baby event is modeled after an evidenced-based community initiative promoted by the National Office of Minority Health and Department of Health and Human Services. “It is our hopes that through this non-traditional way of providing educational health materials to Native American families, we will improve the health and wellbeing of both mothers and babies. As families and caregivers use the information learned to



share with friends, family and co-workers, more individuals will be enlightened, educated and informed,” Kristie Purdy, CIHC public health nutritionist, said.

For more information regarding the community baby event, call (580) 331-3458.

The vision of the Clinton Indian Health Center is to provide quality health care services focusing on prevention, restoration and collaborative relationships that are valued and “exceeds the needs” of our patients, community and tribal partners.

Oklahoma Indian Nation Powwow Committee
Coronation Dance
Saturday, May 23, 2015
Concho Community Center
Supper @ 5 p.m.-Gourd Dance to Follow

Crowning of 2015 Royalty
Senior Miss-Cassandra Candy
Junior Miss-Santana Moquino
Little Miss-Bella Kodaseet

Honoring Outgoing 2014 Royalty
Senior Miss-Veronica Youngbull
Junior Miss-Brandy Fasthorse
Little Miss-Amariah Beaver

Head Staff:
M.C.-Max Bear
HS-Homer Wassana
HMD-David Ramos
HLD-Terra Houska
HLB-Jayden Plentybears
HLG-Julia Long
A.D.-Robert Lobaugh

CAKE WALKS
RAFFLES

NOT RESPONSIBLE FOR THEFT OR ACCIDENTS
OIN Powwow Committee: Dara Franklin, Frankie Gilbert, Christine Morton
Jessie Botone & Fritz Prairiechief

Door prizes, gifts, and valuable health information.
Car seats will be available on a limited basis.

A Healthy Baby Begins with You!
BABY EVENT
Tuesday, May 12th
4:30p.m. – 7:30p.m.

Cheyenne & Arapaho Clinton Community Center
2015 Dog Patch Road, Clinton, OK
(West of Lucky Star Casino)

RSVP: Kristie Purdy (580) 331-3458

Sponsored by Indian Health Service-Clinton Service Unit
Oklahoma State Department of Health
Office of Minority Health

Breast Cancer Awareness Banquet
benefitting
susan g. komen
CENTRAL AND WESTERN OKLAHOMA

Saturday, May 2, 2015
Clinton Community Hall
HEALTH FAIR: 9:00am-1:00pm
PAINT PARTY: 11:00am-1:00pm
With guidance from an art teacher, create your own masterpiece that you will be able to take home.
BANQUET: 1:30pm-4:00pm
Keynote Speakers
Elizabeth Hart of the Susan G. Komen Central and Western Oklahoma - Breast Cancer Prevention
Randi Schoepfel of the Oklahoma City Indian Clinic - Tips for Breast Cancer Survivors

Mammograms
• Available from 9 am - 12 pm at Radiology in the Clinic.
• Patient must have an established chart with Clinton IHS
• Patient must sign up in advance
• This mammogram is a health screening for the early detection of breast cancer

Contact: Deborah Ellis
Health Education Program
edellis@c-a-tribes.org OR 405-422-7674

BUFFALO BUTCHER

The Cheyenne & Arapaho Culture & Heritage Program, in collaboration with the R.E.Sp.E.C.T. Program, and the Farm & Ranch Program will be hosting a traditional Buffalo Butcher for Cheyenne and Arapaho youth and all members who wish to attend.
Come take part in this HANDS ON experience to learn a skill that has benefitted our way of life for generations. Participants will have the opportunity to learn:
-history of the sacred animal,
-history of different hunting methods,
-techniques in butchering (hands on),
-identifying the Buffalo body parts and cuts of meat,
-all uses for the Buffalo (daily life and ceremonial).

10 A.M. - 5 P.M.
May 12-CANTON, OKLA.
Canton Casino Powwow Grounds
May 19-HAMMON, OKLA.
Red Moon Powwow Grounds
(Will be hands on so please come dressed appropriately.)

For more information contact the Culture & Heritage Program at (405) 262-0345 ext. 27433 or the R.E.Sp.E.C.T. Program at ext. 27572.

Oklahoma City’s Red Earth Festival celebrates Native American art and dance

(OKLAHOMA CITY)—When the 29th Annual Red Earth Native American Cultural Festival opens at the Cox Convention Center Friday, June 5, 2015 in downtown Oklahoma City, OK, more than 1200 American Indian artists, dancers and singers from throughout North America will gather to celebrate the richness and diversity of their heritage with the world. For three exciting days Oklahoma City will be at the center of Native American art and culture in America as more than 30,000 people gather to celebrate.

Through the years, Red Earth has matured into one of the most respected visual and performing arts events of its type, setting the standard for many of today’s Indian art shows held throughout the nation.

At Red Earth, guests can sample the work of some of the nation’s most celebrated artists, with opportunities to purchase contemporary and traditional ex-

amples of beadwork, basketry, jewelry, pottery, sculpture, paintings, graphics and cultural attire during the juried art show and market. The dance competition at Red Earth is one of the rare occasions when dancers from America’s Northern and Southern tribes can be seen together in one venue.

Red Earth dancers and singers represent the elite of Native American dance, some of the most gifted and accomplished in the world. The masters, each in their own distinctive tribal dress, exhibit their originality and skills in one of the most prestigious of all native dance competitions.

A grand parade, unlike any other parade in the world, opens the Red Earth Festival on Friday morning. The streets of downtown Oklahoma City will vibrate in Native American tribal spirit as representatives of more than 100 tribes, in full tribal regalia, make the Red Earth Parade one of America’s most unique.

The Red Earth Art Market opens Friday, June 5 at 10 am and the first Grand Entry of dance competitors begins at noon in the Cox Convention Center. Grand Entries are scheduled at noon and 7 pm Friday and Saturday, and at noon on Sunday.

Previous Red Earth Festivals have been awarded the Redbud Award for Outstanding Event by the Oklahoma Travel Industry Association, and USA TODAY has named the Red Earth Festival one of 10 Great Places to Celebrate American Indian Culture. The American Business Association has listed the Red Earth Festival a Top 100 Event in North America, placing it alongside the Indianapolis 500, Macy’s Thanksgiving Day Parade and the Calgary Stampede as one of the very best.

Visit www.RedEarth.org or call (405) 427-5228 for additional information including ticket and lodging discounts.

RED EARTH FESTIVAL



JUNE 5-7, 2015
Cox Convention Center
Oklahoma City, OK.

ART • DANCE
FOOD • MUSIC

(405) 427-5228
www.redearth.org



Like us on:  

Tiny Tot Road



Photo by Shaida Tabrizi
The children of classroom one, aka “Monkeys” at the Canton Head Start happily hold the brand new sign for Tiny Tot Road.

They may be tiny now but these tots have a huge future ahead of them.

The Canton Head Start Program showed their love and dedication to their students with their choice of name for the new street, Tiny Tot Road.

On April 14, 2015, the Canton Head Start hosted a ceremony to officially announce the name to the new road that leads up to the head start building in Canton, Okla. Officials put the naming of the road in the public’s hands through legislative meetings, announcements in the *Tribal Tribune*, Facebook and global

By Shaida Tabrizi, Reporter/Ad Sales emails.

After narrowing it down to nine nominations, the planning committee made the tough decision in favor of Tiny Tot Road, suggested by tribal member Sharon Birdshead.

“I thought that’s really an appropriate name with all our little head starters coming here and beginning their educational journey,” Head Start Director, Colette Berg said. “I’m just really happy with the name that was suggested.”

The ceremony began with an opening prayer by Alan Sutton and then the dedication of the road by Gov. Eddie Hamilton.

“It’s a big responsibility to carry our children’s tiny fragile hearts in our

See **Road** pg. 10

OKLAHOMA CITY
INDIAN CLINIC
www.okcic.com



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SATURDAY, JUNE 27, 2015

HEALTH FAIR STARTS AT 8:00 AM • WALK STARTS AT 9:00 AM

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Sunset Therapeutic Riding Center
To donate visit www.ok-kidz.org.

Oklahoma City Community Foundation, OK-Kidz

(Oklahoma City)-The mission of the Oklahoma City Community Foundation, a nonprofit public charity, is to serve the charitable purposes of its donors and the charitable needs of the Oklahoma City area through the development and administration of endowment and other charitable funds with the goal of preserving capital and enhancing value.

The mission will be fulfilled by pursuit of these goals:

Provide convenient, efficient, and effective ways through which donors can contribute assets to charitable purposes.

Encourage donors to create funds that will benefit the community both now and in the future.

Advocate for the development of endowment funds and provide appropriate means by which permanent endowment funds can be built and wisely managed to provide long-term support.

Develop restricted and unrestricted community endowments which shall be used to develop, facilitate, coordinate and enhance services that meet the changing needs of the community.

The Oklahoma City Community Foundation values integrity, stewardship and collaboration. We strive to be enlightened leaders with a long-term perspective of community issues and opportunities, and we encourage and assist donors’ philanthropy for the benefit of the community.

In accepting a contribution to any fund, the Trustees of the Oklahoma City Community Foundation commit to the donor that the contribution will be protected for the charitable purpose originally intended. Funds received by the Oklahoma City Community Foundation are subject to Variance Power, described by U.S. Treasury Regulations as the power of the governing board (Trustees of the Oklahoma City Community Foundation) to modify any donor restrictions as to distributions if they determine them to become unnecessary, incapable of fulfillment, or inconsistent with the charitable needs of the community. This assures donors that if the charitable purpose of their contribution becomes impractical or impossible, the distributions will be directed to similar purposes in the community.

E A T I N G

well for

DIABETES

Compost for a Healthy, Nutritious Garden

Just in time for spring, an easy way to save money on food costs is to grow your favorite staples in your own backyard; plus, it’s fun for the entire family to participate. For the most plentiful plants and nutritious produce, soil needs to be filled with the nutrients that will eventually end up in the fruit, vegetable, or herb itself. A simple and effective way to replenish the soil is to make and/or use compost, which can be the product of left-over kitchen scraps you wish wouldn’t go to waste. Now they don’t have to. Composting is a magical process. Given time, kitchen scraps, grass clippings, shredded paper or leaves can yield this black gold soil. Just like well-nourished children thrive, gardens flourish with the nutrients and microorganisms that compost provides.

What Can You Compost

More than you might think. Compostables are divided into two main categories, the greens and the

browns. Greens include food scraps such as apple cores, onion skins, egg shells, banana peels, coffee grounds and any other refuse from fruits and vegetables, including weeds (except perennial weeds) that are plucked from the garden. Browns include leaves, shredded paper, sawdust, nut shells, coffee filters, straw, small sticks and twigs, wood chips and empty cardboard tubes. For faster composting the smaller the pieces the better. A compost pile is a living ecosystem and needs the right balance of ingredients and adequate water to function. The goal is for the compost pile to be damp like a wrung-out sponge, not too wet, not too dry. A compost pile should have good drainage, just like a houseplant.

What Should You Leave Out of the Pile

Think of compost piles as your favorite vegetarian. Don’t toss any animal remains (meat, bones, etc.), dairy products or anything high in fat. Crushed egg-

shells are fine to include. Create a place for compost piles in the backyard using plastic totes or garbage pails, cinder blocks or even salvaged skids lined with chicken wire to discourage pests. You can also purchase tumbler systems, which may do a better job repelling pests but are more expensive. Keep in mind that compost must be fully decomposed before adding it to the garden. A minimum of two containers is needed, one adding scraps to and another that is completing the decomposition.

Just Add Worms

Another excellent option is vermicomposting, which is composting with the assistance of red wiggler worms. Vermicomposting can be done inexpensively in plastic totes (drill holes for air flow and drainage) or in a purchased system using stacking trays. Either system is small enough to stick in a closet. The worms need bedding, which can be coconut coir, paper scraps, leaves or peat

moss. Worms can eat half of their body weight each day, meaning a two-pound population of worms can consume one pound of food scraps daily. This means food scraps should be added a few times per week to keep worms satisfied. Vermicomposting can even be done inside in your hall closet, a small bin under the sink or in your garage.

Healthy Compost

A well-managed compost pile smells earthy. In order to have a healthy composting system, use more browns than greens. If the pile is getting smelly, too heavy or too wet, add more browns and stir the pile. Want to skip the landfill, but don’t want your own compost pile to tend to? Check out your local urban farms to see if they accept food waste to add to their compost piles. Vendors at local farmers market may also accept food scraps.

For more information, contact the Diabetes Wellness Program at (405) 422-7685.

Audit

continued from pg. 1

trips and countless other discrepancies all contained within a 100 (+) page-report.

“I have reviewed the internal audit and its findings and the concern I had, which has since been corrected, was the organizational structure of the Department of Health,” stated Barton. “During the time period of 2010 to 2013, there was not a full-time Executive Director of Health (EDOH) appointed by the Governor and confirmed by the Legislators, the health programs were managed by a ‘Deputy Executive Director of Health.’ During the latter half of 2013, the Deputy EDOH was also a program-funded employee, which created a dysfunctional chain of command. The salary for the position then was paid equally with gaming funds and grant funds; now the salary of the executive director is allocated from gaming revenue.”

Barton said it is unclear what the effects of the internal audit issued to the external funding agency would be.

“The internal audit focused on three parts, the organizational structure of the DOH, tribal policy violations, and a review of financial documentation. My appointment as Executive Director of Health was submitted by Governor Eddie Hamilton to the Legislators on Jan. 6, 2014 and was later confirmed after a legislative hearing. Since that time, a formal chain of command was instituted and disseminated to the DOH program directors and is currently utilized. The DOH program directors have been empowered to make appropriate business decisions and recommendations to effectively manage the tribal health grants and contracts. “Within the DOH, the hiring for vacant job positions are filled with qualified individuals with a skill set that matches the job requirements and duties,” Barton said.

With the correction of the many infractions found in the 2013 internal audit, Barton said he is looking forward to a bright future for the Department of Health.

“There are many opportunities for the department to grow, both in breadth and depth. The DOH vision is to improve the quality of life for the individual, family, and communities by empowering people to lead healthier lives. We intend to do that by enhancing health and wellness of the Cheyenne & Arapaho tribes by providing compassionate, comprehensive, and holistic approaches through advocacy, education, and awareness,” Barton shared. “Avenues for the department to explore and expound upon include public health, health policy, behavioral health, and increasing access to health care.”

Steps in reaching the DOH visions are renewing and strengthening the partnership with Indian Health Service at the service unit, area office, and headquarters and initial contact with various Oklahoma state agencies informing them of the needs of the DOH and the services the tribes are offering.

“Our contract and grant dollars are limited; with some persistent effort and advocacy, I made recommendations through Governor Eddie Hamilton to the Legislators to supplement with gaming funds the health programs in the 2015 budget cycle. The Tribal Council approved the budget at the annual Tribal Council meeting and the health program has been able to expand some service offerings as well as create several new job positions,” Barton stated. “Many other sovereign and stable tribes have assumed responsibility for managing health care services for their tribal members. I envision that for the Cheyenne & Arapaho tribes. That is the beauty of operating PL-638 programs as Self-Determination contracts or Self-Governance compacts; the law encourages tribes to assume management and have increased control of federal programs impacting our tribes.”

He said what that means is one day the Cheyenne & Arapaho tribes could assume management of the IHS Clinton Service Unit clinics and invest in their own health care needs.

Road

continued from pg. 9



Gov. Eddie Hamilton performed the dedication of Tiny Tot Road saying he was honored to be a part of the ceremony at the Canton Head Start.

hands,” Hamilton said. “It’s critical that our children hear our voices of encouragement, belief, pride and love.”

Since Berg had already announced the winning suggestion through global emails, it wasn’t quite an unveiling, but everyone gathered felt the significance when finally looking at the finished street sign.

A blessing of the road by Eugene Blackbear followed, as well as a dedication song by Bruce Whiteman Jr. and Blackbear.

Executive Director of Education, Funston Whiteman gave an address on getting a head start in education, praising the Head Start Program and more formal avenues of learning, yet giving due credit to the efforts parents take in teaching their little ones.

“Our education starts at home,” Whiteman said. “It’s a difficult road for what you’re faced with here, to bring meaning to their lives as Cheyenne and Arapaho children.”

For more information about enrolling in the Canton Head Start Program call (580) 886-2817.

Powwows & Events

CALENDAR

Memorial Dance for Lillian Pratt Toahy

May 2, 2015 at the Concho Community Center in Concho, Okla. Gourd dance begins at 4 p.m., supper at 5 p.m. Sponsored by Gloria Uranga and the Stevens family. For more information call Tina Stevens at (405) 618-0762.

Comanche Little Ponies 47th annual Powwow

May 9, 2015 at the Comanche County Fairgrounds, Expo Center, in Lawton, Okla. Gourd dancing begins at noon, supper at 5 p.m., followed by Grand Entry and contests beginning at 6 p.m. Open and free to the public. Arts and crafts, and food vendors are welcomed. For more information email lowellnibbs@yahoo.com.

Birthday Dance for Olyvia F. Redbird

May 10, 2015 at the Concho Powwow grounds in Concho, Okla. Gourd dance at 2 p.m., supper at 5 p.m., followed by more Gourd dancing. Honoring all mothers also. Wilma, Emmett and family would like to invite everyone to come eat, dance and enjoy this celebration for their daughter Olyvia and all the mothers in honor of Mother’s Day.

Memorial Dance for Mah-hi-vist Touching Cloud Goodblanket

May 16, 2015 at the Clinton Community Center in Clinton, Okla. Supper at 5 p.m., with dance to follow. Inviting everyone to come out and join the family.

We apologize for having to reschedule the original dance due to a death in the family. For more information contact Melissa Goodblanket at (580) 309-1336.

Graduation Dance for Skyler Warren Reyes

May 16, 2015 at the Canton Community Center in Canton, Okla. Gourd dance at 3 p.m., supper at 5 p.m., with Gourd dance to follow. Special contest, Men’s Fancy dance. For more information contact Kathy Reyes at (580) 819-2227.

Graduation Dance for Derek Foster, Jr.

May 16, 2015 at the Hammon Community Center in Hammon, Okla. Painting ceremony will be done prior to the dance at noon. Gourd dancing begins at 3 p.m., supper at 5 p.m., with dance to follow. Inviting everyone to celebrate with the family. For more information contact Nell Whiteskunk Penn at (405) 881-4519 or Derek Foster Sr. at (405) 204-3694.

The Mary K. Ashbrook Kids Fishing Derby

May 16, 2015 at the El Reno Lake in El Reno, Okla.

7 a.m. registration, 11 a.m. weigh-in. Zebco rod and reels for the first 550 to sign in. Free hot dogs and drinks. Age groups are 13-15 years, 10-12 years, 7-9 years, 4-6 years and under 4 years old.

Graduation and Birthday Dance for Adam Youngbear

4 p.m., May 17, 2015 at the Canton Community Gym in Canton, Okla. Adam is the son of Terrill “Duke” and Hollie Youngbear. Grandson of Violat Hatch and the late Donald Hatch, and the late Blossom Youngbear and the late Clinton Youngbear.

Adam will be graduating for Southern Nazarene University with a Bachelor of Arts degree in Sociology on May 9 and turning 24 on May 17. The family invites all to come celebrate with Adam. For more information call Hollie Youngbear at (580) 614-1577 or Regina Youngbear at (580) 791-0091.

Graduation & Outgoing Cheyenne Princess Honor Dance for Carmen “Pretty Horses” Sankey

May 17, 2015 at the Concho Powwow grounds (in case of rain Concho Community Center) in Concho, Okla. Gourd dance 2 p.m., supper at 5 p.m., with Gourd dancing from 6 p.m.-9 p.m.

Carmen is graduating from Lawton MacArthur High School in Lawton, Okla. She is also the outgoing 2014/15 Cheyenne Princess and a Kit Fox Society sister. Special invitation to all Kit Fox Society members, chiefs, Kelsey Codynam, 2014 Comanche Sr. Princess, Jericah Littleman, 2014 Arapaho Princess, veterans and all princesses.

OIN Powwow Committee’s Coronation Dance

May 23, 2015 at the Concho Community Center in Concho, Okla. Supper at 5 p.m., with Gourd dance to follow. Crowning 2015-2016 Royalty, Senior Miss, Cassandra Candy, Junior Miss, Santana Moquino and Little Miss, Bella Kodaseet.

First annual Cheyenne and Arapaho R.E.Sp.E.C.T. Sports Banquet

6:30 p.m., May 28, 2015 at the Frisco Center in Clinton, Okla. Inviting all tribal youth who were a member of their varsity sports team in grades 9-12. Each varsity athlete will be recognized for their accomplishments for the 2014-2015 school year. For more information or to register call (405) 422-7570 or email Reggie Island, risland@c-a-tribes.org.

Memorial Dance Honoring Chief Denny George Old Crow

May 30, 2015 at the Concho Community Center in Concho, Okla. Dance begins at 12 p.m., Gourd dance, supper at 4 p.m., with dance to follow. No giveaways. Sponsored by the Old Crow family. This is a non-alcoholic event. For more information email cynthiaoldcrow@yahoo.com.

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Guacamole Dip

Cooking with USDA Foods

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3 ripe Avocados, halved and pitted	Place the avacodo flesh in a bowl and mash with a fork.
1 teaspoon lemon juice (or lime juice)	Add lime or lemon juice, tomato, onion, garlic and jalapeno pepper. Mix well.
1 large ripe tomato, cored and finely chopped	Cover and chill until ready to serve.
1 small onion, finely chopped	
1 large garlic cloves, crushed, peeled and minced	
1 fresh jalapeno, minced	
Black pepper to taste	

HAPPY BIRTHDAY



Happy 3rd Birthday
Adele Evelyn Greeley
May 15th
We all love you!!
~Love, your family~



Happy 5th Birthday
Audrina Johnnie Greeley
May 19th
We all love you!!
~ Love, your family~



Happy 1st Birthday
to Our Baby LeeAnn
Louise Pratt May 15th
Love you, mom, dad sister & family



We would like to wish our beautiful baby girl Olyvia a happy 3rd birthday on May 6. She's a blessing to us & the rest of her family. We love you very much.

Happy Anniversary
to my husband Billy!
Five years down, forever to go!
Love Dani



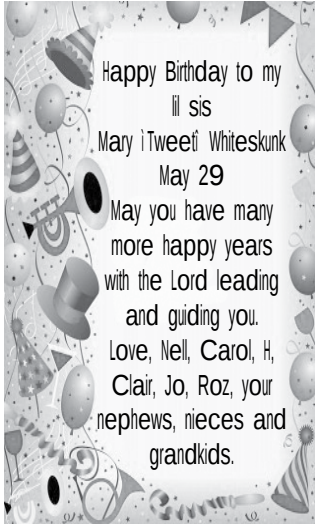
Happy Birthday to our baby Anastasia Blaze Emhoolah
Pretty Baby April 29
Our girl is growing up. She turns 13 years old. She's such a joy to us.
From grandpa Mike and grandma Georgia



Happy 21st Birthday Kowley May 5th
Happy 10th Birthday Koyler May 8th
We love you very much! mom, dad, all your family



May 14
Happy 58th Birthday Bobby Joe Lamebull.
You're a wonderful, generous, fun-loving person who knows how to make people happy and laugh. You are a blessing to everyone who knows you. May God bless your life and health.
From big brother Bill.



Happy Birthday to my lil sis Mary iTweet Whitesunk May 29
May you have many more happy years with the Lord leading and guiding you. Love, Nell, Carol, H, Clair, Jo, Roz, your nephews, nieces and grandkids.



Happy Birthday Wilma and Nessie Cow! We love you, always! Mom n Dad, Stella, Freddie, Thir and all your family



April 3
Happy 14th Belated Birthday Justin
We Love you!

Greetings
My name is Heather Big Medicine
I am an enrolled member of the Northern Arapaho Tribe, Ethete, Wyoming. I attend the Watonga Middle School, Watonga, Okla. My parents are: Horace Big Medicine Sr. of Watonga, Okla. and Newakis Smoker of Canton, Okla. My grandparents are: Icey Daukei Sr. and Pauline White Tail of Watonga, Okla. I am in the Gifted and Talented Class with a 4.0 G.P.A.I am on the 2014-2015 Middle School Scholastic Team. I am a member of the 2014-2015 Watonga Middle School Cross Country Class 2A State Champions. For my scholastic achievements I was honored by the Watonga Lions Club on Tuesday, April 28, 2015 at the Foley Building, Watonga County Fairgrounds.

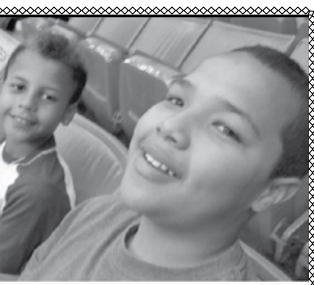
Congratulations Heather Big Medicine for your scholastic achievements in general education and maintaining a 4.0 GPA through the 2014-2015 school year. Love, your grandmother Pauline White Tail



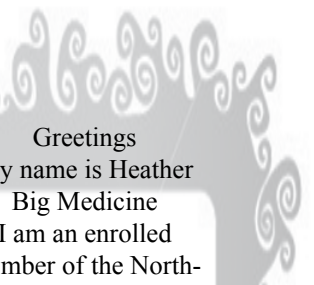
Happy Birthday Heather Big Medicine
We love you, always! Mom n Dad, Stella, Freddie, Thir and all your family



Congratulations!



Happy 17th Birthday Jameason RedWolf
Black Bear Love, dad



April 24th
Happy Belated Birthday to my beautiful daughter Krista (Kris) Blackwolf. I cannot believe that it has been 29 years since God blessed me with such an amazing young woman. You are not only my daughter, but my best friend. Your strength throughout the past few years inspired me to change my life around as well. I thank you for that Kris. I've seen you set goals for yourself & I've watched you tremendously exceed them! Watching you grow & mature into this powerhouse that can't be stopped has been so awesome to watch & be a part of. You're an amazing mother and not one day goes by that those babies don't hug you and say that they love & are so proud of their mommy! I am so proud of you too and all that you have accomplished. Not only will we be celebrating your birthday this year but we'll be celebrating you walking across that stage "again" as you graduate college next month. Yet another goal you have knocked out of the park, graduating on the honor roll sis! I love you babygirl. I hope your day is as beautiful as you are!
Love forever & always, mama

2015 Storm Shelter

The Cheyenne & Arapaho Tribes Economic Development is currently accepting applications for Storm Shelters for the following counties:

Canadian County & Oklahoma County

(Once Canadian & Oklahoma County have been served other counties will be considered on a first come basis)

Must be 55 years or older or have children 14 and under in home

Must be an Enrolled Cheyenne & Arapaho Tribal Member

Must own home or buying home

APPLICATION DEADLINE IS MAY 29, 2015

Mail application to Economic Development, PO Box 96, Concho, OK 73022

OR

Hand Deliver to Economic Development-Charlete Richey or Carrie Tallbird

For further information please contact:
Carrie Tallbird (405) 422-7457 or Charlete Richey (405) 422-7449

Don't get caught in the Storm

200 Wolf Robe Circle
PO Box 38
Concho, OK 73022

Adult Education
Children
Head Start
Higher Education
CATV

Funston Whiteham
Executive Director

Language
STEP
Tribes to School
Tribal Youth Program
RES p. EGT

Gordon Yellowman
Assistant Executive Director

Main 405.422.7811
Toll free 1.800.247.4612
fax. 405.422.8215
email:
help.education@c-a-tribes.org

May 2015

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1. Child Care Zoo Trip (Concho) BIA and Higher ED Meeting OKC	2.
3.	4. Canton Language Class 4-6pm @Native American Gym Kinsinger Language Class 5:30-7:30pm @ Girl's Covenant Church	5. Canton TYP Health Education with Supervisor Canton de Mayo Party 6:00-8:00pm @Canton Savory class 5:30-6:30pm @Canton GED Class Clinic 2-4pm	6. Softball League /Golf Academy Savory class 5:30-6:30pm @Canton Wings class 5:30-7:30pm @Canton Alzheimer Program (Thames)	7. 1. Rodeo TYP 2. Rodeo TYP Health Education with Supervisor Canton class 5:30-7:30pm @Canton Higher ED Graduation Banquet 7pm-10:30pm (Canton Plaza Center) Canton 7-10:30pm @Canton	8. Mother's Day Luncheon (Concho) Science & Tech Fair Exhibitions	9. End of the Year TYP Lookin' Mother's Day Bingo
10.	11. Canton Class 4-6pm @Native American Gym	12. Canton TYP Canton class 5:30-7:30pm @Canton Savory class 5:30-6:30pm @Canton Parent/Teacher Conferences GED Class Clinic 2-4pm Community Safe Event (Canton Plaza Center)	13. Softball League /Golf Academy Wings class 5:30-7:30pm @Canton Alzheimer Program (Thames)	14. 1. Rodeo TYP 2. Rodeo TYP Health Education with Supervisor Canton class 5:30-7:30pm @Canton Canton 7-10:30pm @Canton	15. GAVC Meeting Breakfast Buffet Fundraiser (Concho)	16.
17.	18. Canton Class 4-6pm @Native American Gym Kinsinger Class 5:30-7:30pm @Girl's Covenant Church	19. Canton class 5:30-7:30pm @Canton Savory class 5:30-6:30pm @Canton	20. Softball League Canton's Day Out 5:30-7:30pm @Canton Alzheimer Program (Thames) Last Day of School	21. Rodeo TYP Canton class 5:30-7:30pm @Canton Head Start Graduation Center 10am - Canton 2pm-Concho Pancake Home Park (Concho) Canton Activity 3-5:30pm @Canton	22. Red Moon Powwow	23. Red Moon Powwow Activities
24. Red Moon Powwow	25. Memorial Day Tribal Offices Closed Red Moon Powwow	26. Canton class 5:30-7:30pm @Canton Savory class 5:30-6:30pm @Canton GED Class Clinic 2-4pm	27. Softball League /Golf Academy Wings class 5:30-7:30pm @Canton Alzheimer Program (Thames)	28. Canton class 5:30-7:30pm @Canton Savory class 5:30-6:30pm @Canton GED Class Clinic 2-4pm	29. Family Cookout (Concho)	30.
31.						

CHEYENNE & ARAPAHO FOOD DISTRIBUTION PROGRAM MAY 2015						
SUN	MON	TUE	WED	THU	FRI	SAT
NATIONAL SALSA MONTH						1
Cinco de Mayo						2
3	4	5	6	7	8	9
CLINTON I TAILGATE		SEILING TAILGATE	HAMMON TAILGATE			
Nutrition Education Demos at Tailgates: Presents on a log in honor of National Rains Week. (4th-8th)						
10	11	12	13	14	15	16
CLINTON II TAILGATE		Nutrition Ed. Demo At FDP Warehouse	ELK CITY TAILGATE			
17	18	19	20	21	22	23
		Nutrition Ed. Demo At FDP Warehouse				
24	25	26	27	28	29	30
CLOSED FOR HOLIDAY			CLOSED FOR IN-VENTORY		CLOSED FOR IN-VENTORY	
31						

OFFICE HOURS: 8AM to 5PM
STORE HOURS: 9AM to 3PM
OFFICE PHO: 405-422-7873
FAX: 405-422-8261

USDA is an equal opportunity provider and employer.

NUTRITION EDUCATION DEMO RECIPE:

GUACAMOLE DIP

- 3 Ripe Avocados, halved and pitted
- 1 teaspoon lemon juice (or lime juice)
- 1 large ripe tomato, cored and finely chopped
- 1 small onion, finely chopped
- 1 large garlic cloves, crushed, peeled and minced
- 1 fresh jalapeno, minced
- Black pepper to taste

1. Place the avocado flesh in a bowl and mash with a fork.
2. Add lime or lemon juice, tomato, onion, garlic and jalapeno pepper. Mix well.
3. Cover and chill until ready to serve.

Nutrition information per serving: 100 calories, 16g fat, 10g carbohydrate, 15g sodium, 1g carbohydrate, 1g dietary fiber, 1g protein.

CLASSIFIEDS

Employment: Submit a tribal application, resume, diploma(s), transcripts, valid copy of Oklahoma state driver’s license and a copy of CDIB to Personnel Department, PO Box 38, Concho, OK 73022 or email kwhitehorse@c-a-tribes.org.

**Admin. Assistant
Emergency Mgt. Program
Closing: Until Filled**

Qualifications:

Four years of responsible administrative support experience relevant to the essential job functions or associate’s degree. Successfully pass pre-employment reference and criminal history checks. Any combination of education and experience that provides an applicant with knowledge, skill and ability to successfully perform the job will be considered. Effective research and record keeping methods and techniques desired. Considerable knowledge of proper business communications, punctuation, grammar and spelling necessary. Ability to pay strict attention to detail and accuracy. Able to understand and execute complex oral and written instructions. Apply appropriate independent initiative, discretion, judgment and organizational skills. Understands and applies available guidelines, policies or procedures in diverse situations. Ability to prepare written materials in clear, correct and comprehensible terms from general notes or concepts. Tribal preference.

SALARY: Negotiable

**Office Assistant
District C3 Office
Closing: May 11, 2015**

Qualifications:

High School Diploma or GED. Two years of secretarial experience. Demonstrated computer skill and knowledge or other related job experiences. Possess valid Oklahoma driver’s license. Willing to work on weekends and holidays as required.

SALARY: Negotiable

**Library Media Specialist
Dept. of Education
Closing: Until Filled**

Qualifications:

Ability to organize, catalogue, display, distribute and produce instructional materials. Ability to select and provide access to a wide variety of materials which meet the needs of various learners. Knowledge and ability to teach information and technology literacy needed for independent learning. Ability to provide an environment conducive to quick accessibility, good study habits, and development of proficient media users. Knowledge and ability to work with technology. Ability to demonstrate effective interpersonal relationships with library/media users and tribal employees. Knowledge of copyright laws. Effective oral and written communication skills. Maintain professionalism and an environment conducive to learning. Must possess proficient computer knowledge and be proficient in Microsoft Office programs. Must possess a current OK driver’s license, this includes having a clean driving record for insurance purposes. Ability to pass an OSBI background check and drug screening. Must be willing and able to perform related travel normally associated with this position. B.A.in one or more of the following fields of study, English, History, or Native American Studies, or working towards obtaining one of the required degrees. Cheyenne and Arapaho preference.

SALARY: Negotiable

Don’t miss your copy of the *Tribal Tribune*. Send address changes to Tribal Tribune, PO Box 38, Concho, Okla. 73022

**Adult Education
Counselor
Canton, OK
Closing: Until Filled**

Qualifications:

Bachelor’s Degree in Education or related field preferred; or an equivalent combination of education and experience, substituting one year of experience in teaching for each year of the required education. Cheyenne & Arapaho Indian preference.

SALARY: Negotiable

**Receptionist / Licensing
Technician
Gaming Commission /
Concho, OK
Closing: Until Filled**

Qualifications:

High School Degree or Equivalent. Minimum two years of clerical/administrative experience. Computer literate. Familiar with practices/procedures of the gaming industry. Ability to maintain high level of confidentiality. Strong work ethic. Available to work evenings and weekends. Pass extensive background check. Valid Oklahoma driver’s license. Have reliable transportation. Cheyenne and Arapaho preference.

SALARY: Negotiable

**Staff Assistant
Elder Nutrition Center
Closing: Open until Filled**

Qualifications:

Must be computer literate in Microsoft Office, Word, Excel or comparable program. Must have good organizational skills, possess a high school diploma or GED certification and a valid Oklahoma drivers license. Cheyenne-Arapaho Tribal preference.

SALARY: Negotiable

**P/T Fitness Assistant
Willie Fletcher Wellness
Closing: Until Filled**

Qualifications:

Must be at least 18 years of age. High school diploma or GED certification required. Must have valid Oklahoma drivers license, own vehicle, and proof of insurance. Knowledge of Cheyenne-Arapaho culture. Must be willing to obtain CPR or First Responder Certification. Cheyenne-Arapaho Preference. Must be able to pass Pre-hire drug and alcohol Screening. Other duties as assigned.

SALARY: Negotiable

**LOOKING FOR A
ROOMMATE**

**To share rent & utilities in Southwest
Oklahoma City.
Only NON-drinkers
need to apply.
Call (405) 693-3519**



**DC WELDING &
FABRICATING**

~~~~~  
**Daniel Tallbear  
Owner/Operator  
405.441.1515  
dcweldandfab@gmail.com**

The Cheyenne & Arapaho Housing Authority will be accepting proposals for lawn cutting services in tribal communities within the tribal service areas. It is the intent of the Housing Authority that tribal members propose a bid to provide lawn service within the community in which they reside.

A list containing the addresses for each lawn to be mowed can be obtained from the offices of the Cheyenne & Arapaho Housing Authority located at 2100 Dog Patch Road, Clinton, Okla., between the hours of 8 a.m. and 5 p.m., Monday through Friday. The number of lawns to be mowed within each community is listed at the end of this announcement.

Work shall consist of

mowing and trimming of lawn’s use area only. There shall be a maximum of 12 cuts per address during the 2015 summer months. It shall be the responsibility of each potential bidder to furnish all necessary materials, equipment, labor, and release of liability. All applicable taxes must be included in proposals. Potential bidder needs to inspect and measure lawns use areas to be mowed. The proposals must include lawn’s yard (use area) size and price quote of each address. The work will be verified and accepted by the designated housing personnel prior to the processing of payment. All bids shall be submitted in the appropriate bid form, which can be obtained from the

Housing Authority during normal business hours.

A limited number of lawn equipment is available to lease from the Cheyenne & Arapaho Economic Development Program, located at the tribal administrative offices in Concho. Their telephone number is (405) 422-7437.

**Qualifications:**  
Cheyenne-Arapaho preference  
18-years or older  
Preference for Women/  
Minority business  
Must provide release of liability to C&A Tribes  
Contract will be awarded to lowest and most responsible bid. Payment will be made upon verification by housing authority management. Proposals will be

accepted beginning May 4, and end May 15, 2015. The Cheyenne & Arapaho Housing Authority reserves the right to reject any and all proposal(s).

Please call (580) 331-2400 for any questions, or come by at 2100 Dog Patch Road, Clinton, Okla.

|             |    |
|-------------|----|
| Clinton     | 11 |
| Thomas      | 10 |
| Geary       | 23 |
| Watonga     | 12 |
| Seiling     | 9  |
| Canton      | 12 |
| El Reno     | 35 |
| Kingfisher  | 7  |
| Longdale    | 7  |
| Elk City    | 1  |
| Hammon      | 3  |
| Greenfield  | 3  |
| Weatherford | 1  |
| Colony      | 1  |
| Calumet     | 1  |



CHEYENNE & ARAPAH0 TRIBES  
OF OKLAHOMA  
FILED APR 15 2015  
IN THE TRIAL COURT  
CHEYENNE AND ARAPAH0 TRIBES  
P.O. BOX 102  
CONCHO, OKLAHOMA 73022  
IN THE TRIAL COURT  
PAGE  
FILM  
IMAGE  
COURT CLERK  
DEPUTY

VIVIAN L. GEIMSAUSADDE  
Petitioner  
vs.  
BRUCE L. GEIMSAUSADDE  
Respondent  
Case No: JED-2015-0012

**NOTICE BY PUBLICATION**

The Cheyenne and Arapaho Tribes to: **BRUCE L. GEIMSAUSADDE (UNKNOWN)**

You are hereby notified that BRANDON DUGGER has filed in this Court a Petition For Dissolution of Marriage and that said Petition is hereby set for a hearing to be heard in the Courtroom of said Trial Court of the Cheyenne and Arapaho Tribes, 700 Black Kettle Boulevard, Concho, Oklahoma, on the 3RD day of JUNE, 2015 at 10:00 A.M., at which time you may appear and show cause, if any you have, why said Divorce should not be granted.

Dated this 15TH day of APRIL, 2015.

Plaintiff,  
Vivian L. Geimsausaddle  
202 S. Mitchell Ave.  
El Reno, Ok 73036

Edwin Whitman, Court Clerk  
Cheyenne and Arapaho Trial Court



IN THE TRIAL COURT CHEYENNE & ARAPAH0 TRIBES  
CHEYENNE-ARAPAH0 TRIBES OF OKLAHOMA  
P.O. BOX 102  
CONCHO, OKLAHOMA 73022  
FILED APR 15 2015  
IN THE TRIAL COURT  
DOCKET  
FILM  
IMAGE  
COURT CLERK  
DEPUTY

In The Matter Of The Application Of:  
R.W.S.  
DOB: 01/18/1998  
A Minor Child  
By and through his Legal Guardian  
Michelle Renee Barlow  
To Change Her Name  
Case No: CIV-2015-0034

**NOTICE BY PUBLICATION**

The Cheyenne-Arapaho Tribes to: **THEODORE ANTHONY AREYTA and PAMELA LYNN SOOTKIS**

**TAKE NOTICE**, that Michelle Renee Barlow has filed in this Court a Petition For Name Change of minor child, as follows, to wit: from R.W.S. to R.W.A., and that the same will be heard by the Cheyenne-Arapaho Trial Court of Concho, Oklahoma in the Courthouse located at 700 Black Kettle Boulevard, P.O. Box 102, Concho, Oklahoma, 73022, on the 3rd day of JUNE, 2015 at 10:00 A.M., and any written protest may be filed in the case, prior to the date set for the hearing.

Issued this 21st day of APRIL, 2015.

David Littlebear, Deputy Court Clerk  
Cheyenne-Arapaho District Court

Petitioner:  
Michelle Barlow  
48095 County Street 2680  
Cyril, OK 73029

## In Loving & Fond Memories



Donald P.  
Spottedcorn Jr.  
April 14, 1954  
April 10, 2015

Donald Paul Spottedcorn, Jr. was born April 14, 1954 in Clinton, Okla., to Donald Spottedcorn Sr. and Norma Jane Bates. He passed away April 10, 2015 at his home in Geary at the age of 60.

Donald graduated from Alameda High School in Denver, Colo. He married Marguerite Sue Whitebear, June 11, 1977 in Geary, Okla. He moved to Denver in 1978 and returned to live in Oklahoma in 2005. He liked watching the Denver

Broncos, watching high school football, movies, powwows and dances and drawing. He worked for Perry Transfer and Storage for 30 years.

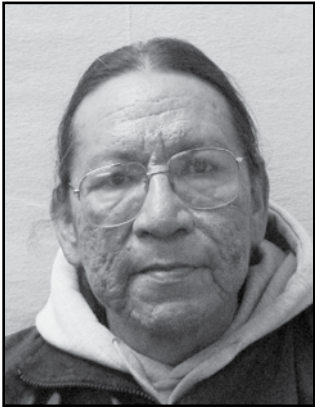
He was preceded in death by his parents Donald and Norma Jane.

Donald is survived by his wife Margurite of the home in Geary, his children; Donald Paul Spottedcorn III, Sonny Sky Spottedcorn, Whitebear Spottedcorn and Clarinda Fletcher all of Geary, three grandchildren;

William Geionty, Donald Spottedcorn IV, Mirylie Sky Spottedcorn, siblings; Levi Spottedcorn, Avery Rex Spottedcorn, Connie Endy, Carlton Woodcock, Normaleen Pyatt and Gaynell Williamson as well as many other relatives and friends.

A Wake Service was held April 13 at the Geary Community Center in Geary, Okla.

Funeral Services were held April 14 at the First Baptist Church in Geary, Okla., followed by a burial at



William Edward  
Black Owl Sr.  
March 24, 1956  
April 23, 2015

An all night Wake service was held April 26, 2015 at the Concho Community Center in Concho, Okla.

Funeral services were held April 27 also at the Concho Community Center, followed by an Interment at the Concho Indian Cemetery.



Rayburn Joe  
Orange Sr.  
Feb. 12, 1956  
April 9, 2015

An all night Wake service was held April 13, 2015 at the Hammon Community Center in Hammon, Okla.

Funeral services were held April 14 at the Hammon Community Fellowship Church, followed by an Interment at the Hammon Indian Cemetery.



Robert Darrell  
Yellow Eagle Sr.  
Dec. 25, 1961  
April 12, 2015

An all night Wake service was held April 16, 2015 at the Clinton Community Center in Clinton, Okla.

Funeral services were held April 17 at the First Christian Church, followed by an Interment at the Greenlawn Cemetery.



*Jeanette Riggs  
Howlingcrane.  
April 25, 1972  
April 15, 2015*  
  
Prayer services were held April 17, 2015 at the Comanche Nation Funeral Home in Lawton, Okla. Funeral services were held April 18, also at the Comanche National Funeral Home, followed by an Interment at the Highland Cemetery.



# Recognizing C&A Tribes March Employees of the Month

Department of Administration



Pictured l-r: Gov. Eddie Hamilton, Basil Pollock, Markus Gaines, DOA Exec. Dir. Teresa Dorsett and Lt. Gov. Cornell Sankey.

Markus Gaines was nominated because he is dedicated to the continuing the working progress of the Property and Supply program, which is a major concern to keep records updated, inventories completed, and also being a positive supervisor. His dedication is foremost the best services to the program. He is present everyday with a great attitude and a work ethic that matches.

Department of Education



Pictured l-r: Gov. Eddie Hamilton, Francine Williams, Nakayla Lumpmouth, DOE Exec. Dir. Funston Whiteman and Lt. Gov. Cornell Sankey.

Nakayla Lumpmouth has been employed with the Cheyenne & Arapaho Tribes Johnson O'Malley Program for three years. She assists the JOM coordinator in meeting the needs of Native American students in grades head start through 12<sup>th</sup> grade. Nakayla has assisted several programs within the Department of Education when asked, with numerous requests. She stays on tasks, and gets the job done. She's very helpful to our JOM parents in assisting them with the proper paperwork. Nakayla enjoys her job, and enjoys helping Native American students with their educational needs. Thank you Nakayla for all your hard work.

Department of Enrollment



Pictured l-r: Gov. Eddie Hamilton, Dept. of Enrollment Exec. Dir. Carrie Whitlow, Melissa Buffalomeat and Lt. Gov. Cornell Sankey.

I couldn't be more pleased to honor Melissa with the Employee of the Month award, she definitely deserves it. I haven't had an assistant before but I would hope every administrator would be lucky as me to have one like her. She always arrives to work on time and will stay late or during lunch if needed. She always gives her best effort and if she doesn't know something she always says I will find out for you. Melissa thrives in learning as well as problem solving. Congratulations Melissa I hope you know how appreciated you are by the Department of Enrollment.

CONGRATULATIONS

Department of Health



Pictured l-r: Gov. Eddie Hamilton, Greg Black, Twila Wilson and Lt. Gov. Cornell Sankey.

Greg Black has worked with Cheyenne & Arapaho tribes EMS Program as a Critical Care Paramedic and is also an instructor. Greg maintains licensure credits for all the medics within the program and some surrounding agencies. He teaches ACLS, Advanced Cardiac Life Support, PALS, Pediatric Advanced Life Support, AMLS, Advanced Medical Life Support, PHTLS, Prehospital Trauma Life Support and American Heart Association CPR classes with first aid. Greg has committed time and devotion to the Emergency Medical Services, since the 1970s, so last year on his birthday we purchased Greg a t-shirt with a dinosaur in the star of life (Dinosaur of EMS). Greg is married and has three children and two grandchildren. The C&A EMS program is blessed to have a very compassionate medic on board to render the best treatment he can give to tribal members and non-tribal members as well.

Department of Housing



Pictured l-r: Gov. Eddie Hamilton, DOH Exec. Dir. Bill Tall Bear, Robyn French and Lt. Gov. Cornell Sankey.

Robyn French is our employee of the month. Robyn started working for the department in 2012 as the human resource officer, a position she held until 2014. As the resident service officer, Robyn is in charge of processing new and updated housing applications, maintaining current waiting lists, and processing newly accepted families into the program. She has proven she can accept new responsibilities and possesses exceptional communication skills. The Department of Housing congratulates Robyn with this accomplishment.

Department of Social Services



Pictured l-r: Gov. Eddie Hamilton, Lindsey Hamilton, Andrea Patterson and Lt. Gov. Cornell Sankey.

Lindsey Hamilton serves as a state caseworker through the Indian Child Welfare Program. Lindsey is a leader, dedicated, and is more than willing to advocate for the tribal children. She has a great work ethic and has been a huge asset to the program. We are blessed to have her as an employee.

CONGRATULATIONS



Department of Treasury

Accounts Payable Tech, Kerrin Fletcher, is our employee of the month. Kerrin was chosen because she is a dedicated employee who goes above and beyond her job description to accomplish any, and all tasks she is assigned. Kerrin is well liked by her co-workers, and deserves to be employee of the month. She brings credit to herself and the Department of Treasury.

Pictured l-r: Gov. Eddie Hamilton, Treasurer, Kay Mackety, Kerrin Fletcher and Lt. Gov. Cornell Sankey.



CONCHO • CLINTON CANTON • WATONGA  
CONCHO TRAVEL CENTER • HAMMON TRAVEL CENTER

There's No Limit On Luck!

| MONDAY                                                                                                                        | TUESDAY                                                                                                                              | WEDNESDAY                                                                                                                            | THURSDAY                                                                                                                         | FRIDAY                                                                                                                                                                                  | SATURDAY                                                                                                                                                                                | SUNDAY                                                                                                                                  |
|-------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------|
|  <p><b>MEN'S DAY</b></p> <p>10AM – 11PM</p> |  <p><b>PLAYER'S CHOICE</b></p> <p>10AM – 11PM</p> |  <p><b>PLAYER'S CHOICE</b></p> <p>10AM – 11PM</p> |  <p><b>Ladies Day</b></p> <p>10AM – 11PM</p> |  <p><b>EARLY SPECIAL</b><br/>2 FOR \$10<br/>10AM – 2PM</p> <p><b>HOT SEATS:</b><br/>5PM – 12AM</p> |  <p><b>EARLY SPECIAL</b><br/>2 FOR \$10<br/>10AM – 2PM</p> <p><b>HOT SEATS:</b><br/>5PM – 12AM</p> |  <p><b>55+ Senior's DAY</b></p> <p>10AM – 11PM</p> |



**Loyalty DAY**

**FRIDAY, MAY 1ST!**  
All Player's Club Members  
Get A Loyalty Day Bonus!

**BLACK: \$25**  
**PLATINUM: \$20**  
**GOLD: \$15**  
**SILVER: \$10**  
**PURPLE: \$5**

See Player's Club for details.

**Happy Mother's Day!**  
★MAKE MOM'S DAY★  
with **MAIDS IN MAY!**

**SUNDAY, MAY 10**

**\$10 FREE PLAY FOR EVERYONE!**

Every 1 point earned that day gets one entry into Housecleaning for a year or cash option of \$1000!

See Player's Club for details.



**ARMED FORCES DAY**

★ SATURDAY, MAY 16! ★

**FROM 2PM TO 11PM**  
**\$25 FREE PLAY with MILITARY ID**  
**SPOUSE GETS \$10 FREE PLAY!**  
*(with proof of spouse)*

See Player's Club for details.  
Military offer not valid at Travel Center location.



**LuckyStarCasino.org**

Promotions valid during Player's Club hours. Management reserves all rights to cancel or modify any or all promotions without prior notice. ©2015 Lucky Star.

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**See Player's Club for Details.**



# 2015

## Respect Invitational



SOUTHWESTERN OKLAHOMA STATE UNIVERSITY  
Weatherford, Ok

COME RUN WITH US!!

JUNE 12, 13 & 14

### ALL INDIAN HIGH SCHOOL BASKETBALL TOURNAMENT & 7/8th Grade Division

FRIDAY AND SATURDAY / Pool Play will take place at  
SWOSU WELLNESS CENTER

Championship Sunday will be held at the  
**Pioneer Cellular**  
Event Center  
Weatherford, Oklahoma



First Place Prize 1  
High School Divisions  
Pendleton Jackets

**350.00 Entry Fee** For more information and to register please visit :[www.carespect.org/respecthoopz](http://www.carespect.org/respecthoopz)

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